

Southeast Region Updates

Volume 4, Issue 1, August 27, 2018

Southeast Region Updates

The NC HOSA Board of Directors and the Competitive Events Team have been diligently working to make the 2018-19 HOSA experience for its members AMAZING and REWARDING. Many changes are “in development” and it's an exciting time to be involved in NC HOSA. In 2017-18, NC HOSA's membership was 10,067 and this number included 237 chapters affiliated. While these changes are under construction, advisors are asked to take leaps of faith and to maintain open minds as new policies and procedures are implemented.

Advisors are encouraged to create email signature lines when emailing the Executive Director, Board of Directors, or Competitive Events Team. Please include your name, school name (spelled out), address, and telephone number. The Executive Director has also asked advisors please contact their region board representative first for assistance prior to emailing NC HOSA. Of course this is with the understanding that if the region representative is unable to resolve the issue and/or answer any questions, the advisors will then be encouraged to reach out to the Executive Director and/or the Competitive Events Director for support.

Effective July 2018, the Fall Leadership Conference will be known as “Chapter Jump Start” and the District Leadership Conference will be called the “Region Leadership Conference.”

The 2018-19 Gold Star Chapter and Gold Star Advisor application processes are currently under review. The drafts will be submitted the Board of Directors at the September board meeting.



“What is your purpose?”

Deadlines

- Sign up for RLC Competitive Event Assignments 9/21/18
- Online Testing Proctor 10/1/18
- Chapter Affiliation 10/1/18
- Region Officer Candidate Applications 10/5/18

Online Testing

- 10/29/18 - 11/2/18

Questions or comments? Email us at lynnhardison@pamlicoschools.org or call 252-745-3151 ext.555

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Affiliation, Registration, and Fees UPDATE

The financial structure for the regions has changed slightly to create a more consistent and efficient accounting system. The thought process is to provide better legal protection for the regional treasurers, to satisfy the non-profit auditing requirements, and to ensure all members receive similar HOSA experiences throughout the state. In this new structure, PALCs will no longer pay chapter dues (\$75). The chapter dues already submitted will be refunded to the chapters. The Chapter Jump Start and region leadership conference registration fees have increased slightly; however, the fees will become standardized across the regions for all attendees. The registration fees for the chapter jump start and region leadership conference will include the registration, the attendee meal, and a T-shirt.

New Process (Effective August 1, 2018):

1. Affiliate chapters and members on hosa.org.
2. Complete registration for NC HOSA events (members must be affiliated in order to participate)
3. Make checks payable to NCHOSA and ear mark check (e.g. Southeast Region RLC)
4. Mail 3 copies of the registration invoice
5. Mail the check and one copy of the invoice to the following address:

NC HOSA,
PO BOX 659
Sylva, NC 28779

6. Mail a copy of the check and the second copy of the invoice to the Southeast Region Treasurer to the following address:

Croatan High School
Attn: Robin Cavanaugh, NCHOSA
Southeast Region Treasurer
#1 Cougar Lane
Newport, NC 28570

7. Place third copy of the invoice in the chapter Gold Star folder

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Dress Code Expectation



Please remind local chapters and advisors to follow the official HOSA dress code. The guidelines may be found on nchosa.org or the hosa.org websites. All participants, including advisors, are expected to follow the same "Official HOSA uniform" dress expectations. Those who attend the leadership conferences almost immediately notice when participants do not follow the dress code expectations or rules. As a region, we should lead by example and encourage others to follow suit.

Southeast Region Officer Candidate Application

The Southeast Region Officer Candidate Application will be available on the nchosa.org website (Southeast Region link). The application will be updated (soon) for the upcoming school term. Each school is encouraged to submit up to three candidates. Officer positions available: Secretary, Treasurer, Reporter, Historian, and Parliamentarian.

Applicants should follow the instructions on the application regarding submission.

The deadline to receive NC HOSA
District Officer Candidate Applications
is **October 5, 2018**

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NC HOSA Southeast Region President's Corner

Hey HOSA! I am beyond thrilled to get the ball rolling for another great year of HOSA and it is my pleasure to be leading the Southeastern Region through the exciting year to come. As we go out with the old and in with the new, it is important to reflect on the previous chapter in our HOSA journey before moving on to the next. With this said, HOSA members have spent the past year creating their future, but now it is time to define your purpose! At the International Leadership Conference in June, the new theme was announced for 2018-2019 as "Define your Purpose." As future health professionals, defining our purpose and planning for the future is our key to success. I can't wait to see how our Southeastern Region HOSA members will make the most of this theme!

Along with this year's new theme comes a new National Service Project! For the past two years, NC HOSA has diligently planned service projects and raised funds for NAMI, National Alliance on Mental Illness. In fact, numerous North Carolina chapters were recognized for their significant contributions to NAMI at this year's ILC in Dallas, Texas. A big congratulations goes to Swansboro High School, Pamlico County High School, Topsail High School, Kinston High School, and South Brunswick High School for representing our Southeastern Region at ILC for your dedication and support towards NAMI! Keep up the great work!

The 2018-2020 HOSA Service Project is the National Pediatric Cancer Foundation, selected by the 2018 Voting Delegates. For the next two years, NC HOSA will be working with NPCF to raise funds and awareness for pediatric cancer. In years past, we have achieved great feats when it comes to supporting our National Service Project. For the next two years, let's set our goals even higher!

As ILC has come to end, we would like to recognize and congratulate all of our Southeastern Region HOSA members who competed in Dallas, Texas in June. We are so very proud of your accomplishments and all that you have achieved! Now that things have been settling down, start preparing yourself for the great events that are coming up this fall. From Fall Leadership Conference to District Competition, I can't wait for what's in store and I hope to see you all there!

Kathryn Sears, Southeastern Region Representative

Swansboro High School



Southeast Region Updates

Helpful Tools and Support for Advisors

Advisors are encouraged to visit the nchosa.org website for the most up-to-date edition of the NC HOSA Advisor Handbook. Newsletters and other important documents are archived on the Southeast Region link (formerly District 2 link). Please remember you are not alone, especially new advisors. Please do not hesitate to network and/or to reach out to seasoned advisors for assistance, words of wisdom, encouragement, lesson plans, etc. We are all in this together! The 2018-19 Advisor Handbook will be updated on the nchosa.org website in September.



Some advisors have **MORE** experience than you.

Some advisors have **COOLER** lesson plans than you.

Some advisors are **BETTER** at organization than you.

IT DOESN'T MATTER!

YOU HAVE YOUR THING TOO.

Be the advisor who can **MOTIVATE** others and get them **EXCITED**.

Be the advisor who is **COMPASSIONATE**, **GENEROUS**, and **UPLIFTING**.

Be the advisor who is **HAPPY** for other people.

Be the advisor who does the **RIGHT THING** and encourages others to do the right thing too.

Be the **BEST** advisor, teacher, and person you can be!

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2018-2020 International HOSA Service Project

The 2018-2020 International HOSA Service Project will focus its support in helping fight children cancer. The website is <https://nationalpcf.org/>

National Pediatric Cancer Foundation

5550 West Executive Dr., Suite 300

Tampa, FL 33609



2019 International HOSA Theme and

The 2018-19 International HOSA theme is “Define Your Purpose.” The 42nd Annual International HOSA Leadership Conference will be held in Orlando, Florida on June 19-22, 2019 at the Disney's Coronado Springs Resort. Encourage your chapters to start planning and fund raising as soon as possible.

2019 NC HOSA State Leadership Conference

The 2018-19 NC HOSA Leadership Conference will be held on March 6-9, 2019 in Charlotte, North Carolina. The registration deadline is January 22, 2019. The hotel preference form will open on January 23, 2019 on the nchosa.org website and the deadline to submit will be on January 25, 2019 at 1700. The deadlines for everything related to SLC such as state officer applications, blood drives, Gold Star, etc. will be on January 22, 2019. Please follow directions and review guidelines for additional information. The 2020 NC HOSA SLC will be held on April 1-4, 2020 in Charlotte, North Carolina.

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2018 Washington Leadership Academy

The 12th Annual HOSA Washington Leadership Academy will be held on September 15-18, 2018. The registration deadline is August 1, 2019.

Southeast Region Scholarship

The Southeast Region scholarship application and rubric is under review. The NC HOSA Board of Directors is evaluating the scholarship application, rubric, and process. The purpose is to create a cohesive process throughout the state. Additional information will be available soon.

Code of Conduct and Medical Liability Forms

All forms may be found on the nchosa.org website. Each person associated with HOSA must have a Code of Conduct and Medical Liability form completed prior to participating in any HOSA activity (e.g. members, advisors, chaperones, guests, etc.). Under the current practices, these forms will be requested to be uploaded on FormStack prior to all HOSA related events. Each activity will have specific deadlines. Advisors are reminded to maintain original copies for their files.

PALC Professional Development Opportunity

In September 2018, Topsail High School will be hosting an "Southeast Region Advisor Retreat." The event is tentatively scheduled for September 29, 2018. We are working with local administrators to provide CEU credits for attending this event. Please mark you calendars and plan to attend. Additional information and details will be emailed to advisors soon.

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Southeast Chapter Jump Start

Thank you, West Carteret High School and Pamela Zanaska for hosting our “Chapter Jump Start” (formerly District 2 Fall Leadership Conference) in 2018. The Chapter Jump Start will be held on Friday, October 26, 2019. Additional information will be shared soon. The registration fee will be \$20 to attend the Chapter Jump Start per attendee (officer, advisor, chaperone, guests, etc.) and will include their meal and a T-shirt. The chapter officer sessions will be lead by the region officer team. Chapter officers and members interested in becoming officers are encouraged to attend. Advisors will have a scheduled PALC meeting.

Upcoming Southeast Events:

2019 Chapter Jump Start Host	TBA Greene Central High School
2019 Southeast Region Leadership Conference Host	TBA South Brunswick High School
2020 Chapter Jump Start Host	TBA Topsail High School
2020 Southeast Region Leadership Conference Host	TBA Swansboro High School
2021 Chapter Jump Start Host	TBA Volunteer Requested
2021 Southeast Region Leadership Conference Host	TBA Pamlico County High School

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Southeast Region Leadership Conference

The NC HOSA Southeast Region Leadership Conference will be held on **Saturday, November 17, 2018**. Jacksonville High School will be hosting our event on their campus. Further details will be shared at a later date. Thank you, Jacksonville High School and advisors: Samantha Newcomb, Erica Boone, and Heather Rose for volunteering to host the 2018 Southeast Region Leadership Conference. The deadline to submit registration, fees, and forms is **October 22, 2018**. Please remind competitors to review competitive event guidelines and to create STEM Premier accounts as directed.

Competitive Events 2018-19 **TENTATIVE (additional changes may follow)**

Chapters with may have two competitors per event or three for chapter with 75 + members	Unlimited number per chapter (Test Only)
Extemporaneous Health Poster	Medical Terminology
Extemporaneous Writing (Students bring laptop)	Medical Math
Healthy Lifestyles (Interview)	KN Human Growth and Development
Job Seeking Skills	KN Nutrition
Interviewing Skills (IEP)	Sports Medicine
Medical Photography	Nursing Assisting
Prepared Speaking Researched	CPR/First Aid
Persuasive Writing and Speaking	Forensic Medicine **NEW**
Creative Problem Solving	
HOSA Bowl (Round 1 test)	
Career Health Display	

To view the list of events in the advisor guideline.

Step 1: Go to nchosa.org

Step 2: Click on the members tab

Step 3: Click on advisor

Step 4: Click on advisor handbook 2017

Step 5: Look for chapter H competitive events

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Online Testing and Proctors

Online testing has a five day window to complete testing. Schools who have competitors taking online testing must secure their proctors by **October 1, 2018**. To set up test-only proctors, advisors should visit the hosa.org website. Login to the local chapter advisor link. Select identify proctors for online testing. Complete the information and submit. The proctors should receive an email with instructions. It is the advisor's responsibility to verify the proctors have received any needed information prior to the testing dates. It is recommended to check with the proctors a minimum of one to two weeks before the scheduled testing dates to ensure the proctor has received instructions. HOSA Bowl and Creative Problem Solving will also be tested during the online test window. Team events must complete online testing at the same time and on the same date.

The top three finalists will receive medals. The top 10 finalists in their events will receive ribbons and will be recognized at the closing session at the District Leadership Conference. The top five finalists will compete at the NC HOSA State Leadership Conference. The top 10 finalists in Nursing Assisting, Sports Medicine, CPR/First Aid, and Forensic Medicine will compete at the NC State Leadership Conference.

Online Test Dates

October 29-November 2, 2018

Region Leadership Conference Competitive Events Assignments

To make the Southeast Region Leadership Conference successful, **ALL** advisors are needed to help facilitate competitive events. If you have not already done so, please sign up to become an event manager or a section leader by **September 21, 2018**. It is important all advisors, even those who do not have students competing, participate. Each advisor is also asked to bring a minimum of two judges to RLC. A competitive events training session for event managers and section leaders is in the works. The date, time, and location is to be announced.

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Dates to Remember

2018 Washington Leadership Academy	September 15-18, 2018
Advisor Sign Up for Competitive Events Assignment	September 21, 2018
PALC Advisor Professional Development Retreat	September 29, 2018 Topsail High School
Advisor secure online testing proctors	October 1, 2018
HOSA Chapter/Member Affiliation and Fees	October 1, 2018
Southeast Region Officer Candidate Application	October 5, 2018 (Received by)
2018 Chapter Jump Start, Fees, and Forms	October 5, 2018 (Received by)
2018 Region Leadership Registration, Fees, and Forms	October 22, 2018 (Received by)
2018 Chapter Jump Start /PALC Meeting	October 26, 2018 West Carteret High School
2018 Region Leadership Online Testing	October 29-November 2, 2018
2018 Region Leadership Conference	November 17, 2018 Jacksonville High School
Southeast Region Scholarship Application	January 22, 2019
2019 NC HOSA State Leadership Conference Registration	January 22, 2019 (and everything else related to SLC)
2019 NC HOSA State Leadership Conference Hotel Preference	January 25, 2019
2019 NC HOSA State Leadership Conference	March 6-9, 2019
2019 International HOSA Leadership Conference Intent	March 15, 2019
2019 International HOSA Leadership Conference Registration	May 10, 2019
2019 ILC HOSA Leadership Conference	June 19 –22, 2019 Orlando, Florida

District 2 Updates

Contact Information

2017-2018 PALC

Southeast Chair	Michelle Hines South Brunswick High School	mhines@bcswan.net
Southeast Secretary	Samantha Newcomb Jacksonville High School	samantha.newcomb@onslow.k12.nc.us
Southeast Treasurer	Robin Cavanaugh Croatan High School	robin.cavanaugh@carteretk12.org
Southeast Edu/Prof Dev	Sheila Gerald-Evans West Brunswick High School	sgerald@bcswan.net
Southeast Public Awareness	Leslie Dick Swansboro High School	leslie.dick@onslow.k12.nc.us
ACTE-HSE NC Southeast Division Rep	Crystal Payton-Demry Kinston High School	cpayton@lenoir.k12.nc.us
Southeast Region Board Rep	Lynn Hardison Pamlico County High School	lynnhardison@pamlicoschools.org

2018-19 HOSA

Southeast Region HOSA President	Kathryn Sears Swansboro High School	nchosadistrict2@gmail.com
NCDPI HSE Consultant	Ashley Orr Raleigh, North Carolina	ashley.orr@dpi.nc.gov
NC HOSA Competitive Events Director	Miranda Wells Topsail High School	miranda_wells@pender.k12.nc.us
NC HOSA Executive Director	Katrina Coggins	katrina.coggins@dpi.nc.gov

JOIN “NC HOSA REMIND” for updates... go to www.nchosa.org (Advisor Link) to get the access code