

Southeast Region Updates

Volume 4, Issue 3, December 10, 2018

NC HOSA State Leadership Conference

The NC State Leadership Conference will be held on March 6 through March 9, 2019 in Charlotte, North Carolina at the Charlotte Convention Center.

The registration fee is \$75 for all attendees. Register online by visiting the hosa.org website. The deadline to register and submit all required forms is January 22, 2019 and the deadline will be strictly enforced. Advisors should verify their competitors are registered in the correct events. Substitutions for competitive events will be the only changes made to the registration accepted after January 22, 2019.

From the Competitive Event Team

The NC HOSA State Leadership Conference schedule will be very much like last year. On Wednesday, March 6, registration will be open longer to accommodate the arrival of competitors. It will also open earlier on Thursday, March 7 to accommodate earlier testing times that day. The CE Team will plan to try and do the orientation for advisors prior to the continued early big group testing this year, so it is important for advisors/chapters to arrive early. It is recommended for everyone to plan to arrive on Wednesday.

Competitive events and testing events will begin at 1100 on Thursday, March 7. Attendees should adjust their travel to arrive on Wednesday, March 6 if at all possible. Competitors must be dressed according to the guidelines for testing and must have a name badge and HOSA approved identification to enter the competitive event areas. NC HOSA will have a shorter Opening Session on Thursday evening. The Recognition Session will be held on Friday, March 8 and the entertainment will follow. The Awards Session will be held on the morning of Saturday, March 9 and will end by 1200 to accommodate the hotel check out time.



**“We will rock you like
a hurricane” ~Scorpions**
... Oh boy, do we know!

Dates to Remember

NC HOSA SLC 2019

3/6/19-3/9/19

SLC Deadline for registration, forms, etc.

1/22/19

SLC Hotel Preference Submission

1/23/19-1/25/19

Gold Star portfolios/Recognition

1/22/19

CTE Summer Conference

7/14/19-7/18/19

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From the Competitive Event Team... Continued

There are several competitive events that are STEM Premier dependent and competitors are reminded to review the associated deadlines to upload required artifacts. Please note the deadline to upload to STEM Premier is the state deadline (January 22, 2019) and not the international deadline. Competitors will not receive associated points if uploads are not done as instructed or by the deadline. The CE Team have enlisted new individuals in Tabulations and the CE's goal is for all STEM Premier submissions to be checked and competitors will be held accountable. Please visit <http://www.hosa.org/STEMPremier>

International HOSA has updated its competitor identification system. To create continuity, NC HOSA has followed suit. Competitors will be required to present a valid driver's license, school ID, or HOSA approved identification form completed by the advisor. This new policy is another layer of testing validity and competitors will be held accountable.

Advisors are reminded they are expected to help with competitive events as an event manager or section leader. It takes everyone's efforts to make HOSA activities and competitive events successful. It is our goal to make SLC a positive learning experience for all participants.

The move to Charlotte brings exciting opportunities. One of the many is the fact that NC HOSA is partnering with Central Piedmont Community College and most of the skills events will be located on their campus. Therefore, students will be required to travel similar as they do for International Leadership Conference events. Advisors who have not had the opportunity to experience ILC are encouraged to familiarize themselves with the management issues associated with getting competitors to the appropriate transportation sites to and from events and locations. Advisors are strongly encouraged to bring extra adults to help manage competitors. Gone are the days of bringing a group without adequate help.

The amount of excitement about the move to Charlotte and the opportunities that it presents is unreal. As with any move comes added responsibility, such as those associated with planning and traveling to unfamiliar locations. It is paramount advisors begin the discussion with competitors and guests regarding safety and awareness. Katrina Coggins, NC HOSA Executive Director, will be posting additional information concerning SLC on the nchosa.org website. Advisors are reminded to check for updates often and to sign up to receive REMIND communications.

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NC HOSA Southeast Region President's Corner

Hey HOSA!

It has been truly inspiring to watch our region come together as one large HOSA family as we continue the road to recovery after Hurricane Florence. Through NC HOSA's Adopt-a-Chapter, many of our Southeastern Region chapters were quick to pitch in with relief efforts for neighboring chapters in need. Many of our chapters that were burdened by Hurricane Florence have since been able to begin the journey to normalcy thanks to those who were ready and willing to help. As a region, we have undoubtedly proved that no bond is greater than that of our HOSA family—and for that I am so tremendously grateful for each and every one of you.

Last month, many of our Southeastern Region chapters designated a week in November to be their chapter's HOSA week. HOSA week is an excellent way to promote health science students, the mission of HOSA, and service to others. I've enjoyed seeing the different ways our region has made the most of HOSA week this year. Thank you to all those who participated and keep up the great work!

Although many of our Southeastern Region HOSA members were saddened by the cancellation of our Regional Leadership Conference, fear not—there is so much to look forward to this Spring! As State Leadership Conference is quickly approaching, it is important to discover which event is right for you. With 60+ events to choose from, there is bound to be something out there for you!

I encourage you all to continue being avid participants in your HOSA chapters and to take advantage of the many opportunities HOSA has to offer. I can't wait to see this year's hard work pay off at State Leadership Conference. After being left in the wake of adversity, the Southeastern Region is stronger now than ever. With this said, Southeastern Region HOSA will be untouchable! I'm blessed to hear that those affected by Hurricane Florence have slowly but surely begun to recover, and I wish everyone luck through the rest of the semester.

Kathryn Sears, Southeastern Region Representative

Swansboro High School



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2018 International HOSA Week



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2018-2020 International HOSA Service Project

The 2018-2020 HOSA Service Project (selected by the 2018 Voting Delegates) is the National Pediatric Cancer Foundation (NPCF). HOSA is excited to work with NPCF for the next two years in raising funds and awareness for pediatric cancer. For more information on state and national recognition with NPCF, please review the HOSA Service Project Guidelines and visit the special site dedicated to HOSA/NPCF.

A majority of NPCF's cancer research focuses on adult treatments and is done within the walls of individual institutions. NPCF funds clinical trials and collaborates with a network of cutting-edge hospitals across the nation to fast track less-toxic, more targeted treatments. All to increase the survival rate of children battling cancer.

For 26 years and counting, the NPCF has been the one shining light for children who are fighting cancer. They have donated millions of dollars to research and their clinical trials are yielding amazing discoveries that are saving many children's lives.

National Pediatric Cancer Foundation

5550 West Executive Drive, Suite 300

Tampa, FL 33609



Documenting the HOSA Service Project

Chapters wishing to be recognized at the SLC and ILC for participating in the HOSA Service Project should review the guidelines located on the [hosa.org](http://www.hosa.org) website. Members should record their volunteer hours individually. Donations should be noted on just **ONE** chapter member's account.

http://www.hosa.org/sites/default/files/18-19%20HOSA%20ServiceProject%20final_o.pdf

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Affiliation, Registration, and Fees

State Leadership Conference registration fee is \$75.00 and must be received by NC HOSA no later than **January 22, 2019**. Chapters who paid 2018-2019 Southeast Regional dues of \$75 will be reimbursed after the beginning of the new year.

Checks should be made payable to NC HOSA and sent to:

NC HOSA

Attn: Katrina Coggins, Executive Director

PO Box 659

Sylva, NC 28779

- Mail a copy of the registration and the check to NC HOSA.
- Make copies of the SLC registration and include in the Gold Star Chapter/Advisor portfolios.

NC HOSA Executive Council State Officer Application

The NC HOSA Executive Council State Officer Application is now available on the nchosa.org website and on STEM Premier.

The application has been updated, so please remind applicants to please follow the instructions regarding submission.

<http://nchosa.org/conferences/state-leadership-conference/>

Deadline: January 22, 2019



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Participation Forms (Code of Conduct and Medical Liability)

NC HOSA participation forms are available on the nchosa.org website. Each person associated with HOSA must have participation forms completed prior to participating in any HOSA activity (e.g. student, advisor, and guests). The deadline to submit forms to participate in the State Leadership Conference is January 22, 2019. Please follow instructions for submission.

- Go to nchosa.org website
- Click on Advisor Handbook (Section A) or Conferences (State Leadership Conference)
- Download forms and print

Southeast Region Competitor Update

The Southeast Regional Leadership Conference was canceled due to continued recovery in very hard hit areas from Hurricane Florence. Students will be able to compete at State Leadership Conference and NC HOSA looks forward to seeing them in March. For those events that start at the regional level, each school may register 2 individuals/teams if less than 75 members and 3 individuals/teams if 75 or more members. The events that are unlimited, test-only events at the regional level will have a limit of 5 individuals/teams per school. All events starting at the state level will have a cap of 5 individuals/teams per school as per normal process.

SLC Hotel Accommodations

NC HOSA State Leadership Conference will be held at Charlotte Convention Center in Charlotte, North Carolina. Attendees are reminded that they **MUST** stay at NC HOSA approved hotels. Please complete the hotel preference form found on the nchosa.org website (Conferences link) and submit by January 25, 2019 before 1700. Something new... NC HOSA will be booking the hotel rooms for chapters.



To help offset cost, four competitors should be assigned to a room. If you have rooming needs, please email the region group or post on the health science education Moodle. **NC HOSA does not recommend adults sharing rooms with competitors.**

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HOSA Official Dress Code

Chapters and advisors are reminded to follow the “official HOSA dress code.” The dress guidelines for competitive events may be found on nchosa.org or the hosa.org websites. The HOSA official dress code will be strictly enforced for opening and closing ceremonies. As a region, we should lead by example and encourage others to follow suit.

HOSA Official Uniform

Tailored navy blazer with emblem affixed over the heart

Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)

Shirt for males (white closed-neck, man-tailored dress shirt, suitable for use with a tie)

Accent for female members - maroon HOSA scarf or tie is optional

Accent for male members -navy or maroon HOSA long tie

Matching navy slacks for males and matching slacks or skirts for females

Closed toe solid blue or black dress shoes (hose for females optional)

Non-uniform Dress Alternative

Tailored navy or black blazer (sweaters and cardigans may not be worn in lieu of blazers)

Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)

Shirt for males (white closed-neck, man-tailored dress shirt, suitable for use with a long tie)

Closed toe solid blue or black dress shoes (hose for females optional)

Male members **MUST** wear a solid navy or solid maroon long tie (no bow ties)

Matching navy or black slacks for males and matching slacks or knee-length skirts for females

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Important Dates to Remember

NC HOSA State Leadership Conference Deadline	1/22/19 (registration, forms, etc.)
Gold Star Chapter/Advisor Portfolios	1/22/19 (received by)
SLC Participation Forms	1/22/19 (received by)
NC HOSA Executive Council State Officer Application	1/22/19 (received by)
2019 SLC Hotel Preference	1/25/19 (by 1700)
NC HOSA State Leadership Conference	3/6/19-3/9/19 Charlotte, North Carolina
2019 International Leadership Conference Intent	3/15/19
2019 International Leadership Conference	6/19/19-6/22/19 Orlando, Florida
CTE Summer Conference	7/14/19-7/18/19 Greensboro, North Carolina
2019 Chapter Jump Start Host	Greene Central High School TBA
2019 Region Leadership Conference Host	South Brunswick High School TBA
2020 Chapter Jump Start Host	Topsail High School TBA
2020 Region Leadership Conference Host	Swansboro High School TBA
2021 Chapter Jump Start Host	Vacant
2021 Region Leadership Conference Host	Pamlico County High School TBA

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2018-2019 PALC Officers

Southeast Region Chair	Michelle Hines	South Brunswick High School	mhines@bcswan.net
Southeast Region Secretary	Sheila Gerald-Evans	West Brunswick High School	sgerald@bcswan.net
Southeast Region Education/Professional Dev	Sheila King	New Hanover High School	Sheila.king@nhcs.net
Southeast Region Public Awareness	Leslie Dick	Swansboro High School	leslie.dick@onslow.k12.nc.us
ACTE-HSE NC Southeast Div Rep	Crystal Payton-Demry	Kinston High School	cpayton@lenoir.k12.nc.us
Southeast Region Board Rep	Lynn Hardison	Pamlico County High School	lynn.hardison@nchosa.org

2018-2019 Executive Council

Southeast Region Representative	Kathryn Sears	Swansboro High School	Southeast.Region@nchosa.org
NC HOSA President	Rachel Shepherd	West Wilkes High School	Northwest.Region@nchosa.org
NC HOSA Post-secondary/Collegiate	Christa Bazemore	UNC-Chapel Hill	postsecondary@nchosa.org
2018-19 NC HOSA Board Chair	Lynn Snow	Mt. Airy High School	lynn.snow@nchosa.org
State Officer Advisor	Heath Treadway	NC HOSA	heath.treadway@nchosa.org
Executive Director	Katrina Coggins	NC HOSA	katrina.coggins@nchosa.org
Competitive Events Director	Miranda Wells	Topsail High School	miranda_wells@pender.k12.nc.us

JOIN "NC HOSA REMIND" for updates... new codes for this year. <https://www.remind.com/join/ser18>

Smartphone: go to web browser and enter [rmd.at/ser18](https://www.remind.com/join/ser18)
 Mobile phone: text @ser18 to 81010