

Southeast Region Updates

“JOIN ME FOR A CUP OF HOT TEA AND A CHAT”

It's been a while since we've seen each other. We've faced many challenges this year including hurricanes, displacements, snow storms... you name it! And, I have missed our time together and my Southeast family.

The NC HOSA Board of Directors and the Competitive Events Directors met on April 12-14, 2019 in Charlotte. The board's time together provided a great venue to conduct a NC HOSA State Leadership Conference debriefing and to address many frustrations and concerns swirling among advisors across the state. As part of the debriefing, representatives, HOSA Staff, and CE directors were provided an opportunity to participate in a group activity to discuss “keep it, change it, delete it, and new ideas” to help improve our State Leadership Conference experience in 2020.

Also, the Board of Directors had a changing of the guard. NC HOSA Board of Directors welcomed new board representatives and said “see soon” to representatives who have donated countless hours to their regions and to NC HOSA. I am grateful and humbled to serve as the 2019-2020 NC HOSA Board Chair. In July, the Board of Directors will vote their next chair-elect into office. As I transition into this new role, I will be leaning on my dearest Southeast family to help me accomplish our regional tasks, since I will be fulfilling both roles as chairman and Southeast Region representative. Any volunteers??? Hint.. Hint!

Highlights from the meeting included a new Regional Leadership Conference Management tool has been created and approved to begin in the fall of 2019. The Gold Star Chapter and Advisor guidelines have been revised and approved for 2019-2020 and an Ad HOC committee formed to create guidelines specific to middle school chapters and advisors. Also, standing committees provided updates and representatives explored opportunities to help NC HOSA grow and to address areas for improvement. These committees include: Website, Membership Initiative, Competitive Events, Conference Management, Policy, Educational Symposium/Health Expo, and Sponsorship. The Executive Director also provided their quarterly report and shared membership trends from 2013-present, organizational finances, recaps of RLC and SLC registration and outstanding fees, updates for 2019 ILC, etc. The Board of Representatives have also been tasked with completing the Executive Director's annual performance evaluation which is due on July 1, 2019. Your input will be valuable in completing this task. Please email me your feedback.

The CTE Summer Conference format for Health Sciences will be slightly different this year. We will not have a traditional PALC meeting. Therefore, Michelle Hines from South Brunswick High School has graciously offered to organize a lunch meeting for the Southeast Regional advisors. Reservations will be made at Joseph's Restaurant in the Koury Convention Center during the CTE Summer Conference. The time and date will be emailed at a later date. Please join us to share updates and fellowship.



UPCOMING DEADLINES

- ILC Registration 5/10/19
- ILC Registration Close and Tallo Uploads 5/19/19
- ILC - 6/18-23/19
- CTE Summer Conference 7/15-18/19



HOSA PATCH EXCHANGE PROGRAM

HOSA-Future Health Professionals will implement a “patch exchange program” starting at the 2019 HOSA ILC and will continue until December 31, 2019.

At HOSA ILC in Orlando, Florida, all new patches will be exchanged for an old patch at no cost.

After HOSA ILC and until December 31, 2019, patches can be exchanged with HOSA for \$1.00 each.

Starting January 1, 2020, the new patch will be required as the official HOSA uniform and can be purchased from Awards Unlimited for \$3.80 each.



MEMBERSHIP AFFILIATION

1. Go to the National HOSA web site, www.hosa.org
2. On the left side of the screen click “Advisor Services.” Then click “Chapter Advisors.”
3. Read the requirements, gather information, click “Click Here.”
4. Enter your Charter # and Password then click “Logon.” You can read the Instructions by clicking Instructions.
5. Once you finish reading the information you can click the “Home” icon on your computer which will take you back to the previous page.
6. Click “Chapter Affiliation” to continue with the affiliation process. Read and click “Next.”
7. Complete, check, or change the Chapter Information. Click “Next.”
8. Complete, check, or change the Billing Information. Click “Next.”
9. Complete, check, or change the Shipping Information. Click “Next.”
10. Complete, check or change the Chapter Demographics. Click “Next.”
11. If you would like to add a new member enter the member information and click “Add member.”
12. Complete all the required information. Be sure to spell the student’s name correctly. Please use the correct letter case.
13. Just continue to add member information and click “Add Member” after each entry. You should see a list to the left of the members you have added. This list will stay until you complete the process.
14. When you have added your last member, click “Next.”
15. Schedule of Affiliation – Application Fees shows the charges for your chapter. Click “Next.”
16. Please read the Chapter Affiliation Agreement and then click “Done.”
17. The “Home” menu appears and at this time you can view and print an Account Statement. Use this to request a check for membership.
18. Exit the form and you will see the “Home” menu. At any time from the “Home” menu you can View Membership Directory, View Account Statement, or Update Affiliation Data. This is also where you register for the state and national conferences – “Conference Registration.”
19. Once you have completed entering your information, click “Logoff.” This will return you to the “Home” page for National HOSA.

DRESS CODE

Chapters and advisors are reminded to follow the “official HOSA dress code.” The dress guidelines for competitive events may be found on nchosa.org or the hosa.org websites. The HOSA official dress code will be strictly enforced for all HOSA opening and closing ceremonies.

HOSA Official Uniform

Tailored navy blazer with emblem affixed over the heart

Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)

Shirt for males (white closed-neck, man-tailored dress shirt, suitable for use with a tie)

Accent for female members - maroon HOSA scarf or tie is optional

Accent for male members -navy or maroon HOSA long tie

Matching navy slacks for males and matching slacks or skirts for females

Closed toe solid blue or black dress shoes (hose for females optional)

Non-uniform Dress Alternative

Tailored navy or black blazer (sweaters and cardigans may not be worn in lieu of blazers)

Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)

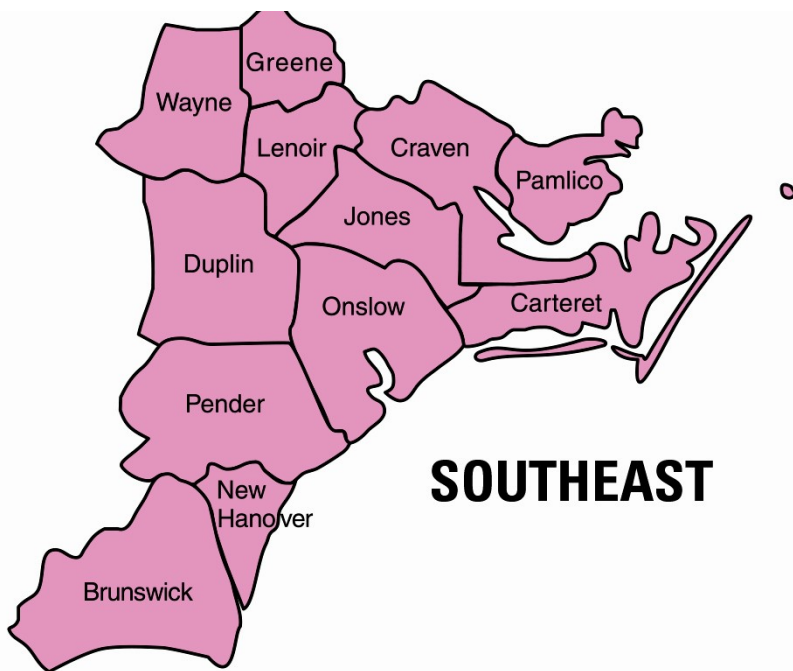
Shirt for males (white closed-neck, man-tailored dress shirt, suitable for use with a long tie)

Closed toe solid blue or black dress shoes (hose for females optional)

Male members MUST wear a solid navy or solid maroon long tie (no bow ties)

Matching navy or black slacks for males and matching slacks or knee-length skirts for females





Southeast Region Map

CHAPTER JUMP START

Chapter Jump Start (formerly Fall Leadership Conference) will be hosted by Greene Central High School in the fall. The registration deadline for this event will be on September 27, 2019. The tentative dates for Chapter Jump Start will be between September 30 and October 19, 2019. The exact date and location will be shared during the 2019 CTE Summer Conference. The registration cost is \$20 per participant. This year, each chapter will be asked to participate in a regional trading pin contest in place of a T-shirt and voted on during the Chapter Jump Start event. Regional Leadership Conference Management training for advisors will be conducted during the Advisor Luncheon and PLC meeting. The budget for this event has been tabled until the NC HOSA Board of Directors meeting in July.

REGIONAL LEADERSHIP CONFERENCE

Regional Leadership Conference (formerly District Leadership Conference) will be hosted by South Brunswick High School on November 16, 2019. The registration deadline is October 18, 2019. The online testing for all regions will be October 28 through November 1, 2019. Securing and registering online proctor deadline is also October 18, 2019. The registration cost is \$20 per participant. The registration will cover the cost of a trading pin, lunch for participants, and awards for the closing ceremony. The budget for this event has been tabled until the NC HOSA Board of Directors meeting in July.

2018-2020 INTERNATIONAL HOSA SERVICE PROJECT

The 2018-2020 HOSA Service Project (selected by the 2018 Voting Delegates) is the National Pediatric Cancer Foundation (NPCF) HOSA is excited to work with NPCF for the next two years in raising funds and awareness for pediatric cancer. For more information on state and national recognition with NPCF, please review the HOSA Service Project Guidelines and visit the special site dedicated to HOSA/NPCF.

A majority of NPCF's cancer research focuses on adult treatments and is done within the walls of individual institutions. NPCF funds clinical trials and collaborates with a network of cutting-edge hospitals across the nation to fast track less-toxic, more targeted treatments. All to increase the survival rate of children battling cancer.

For 26 years and counting, the NPCF has been the one shining light for children who are fighting cancer. They have donated millions of dollars to research and their clinical trials are yielding amazing discoveries that are saving many children's lives.

National Pediatric Cancer Foundation, 5550 West Executive Drive, Suite 300, Tampa, FL 33609

Contact person: Sandi Lake
slake@nationalpcf.org



Learn more at www.NationalPCF.org

STOP THE BLEED

From the American College of Surgeons:

Introducing: The NEW Stop the Bleed Course on May 1!

We are excited to introduce the new Stop the Bleed Course. The development of the new course was based on feedback received from instructors and participants and reflects the changing educational needs of the program. Highlights of this new course are:

Combined information to reduce the number of slides

Adjusted graphics and language for general public training

This new course replaces the Bleeding Control Basics Course and new course materials will be available within the Instructor Portal for use on or before May 1.

The Bleeding Control Basics Course will no longer be valid for instruction as of May 31, 2019.



WHY JOIN ACTE?

1. Techniques Magazine—Techniques, the award winning magazine of ACTE, is published eight times per year and features articles that delve into CTE trends, case studies and in classroom innovations.
2. Networking and Professional Development- Whether it's online or in person, ACTE's events - CareerTech VISION, National Policy Seminar, Best Practices and Innovations in CTE Conference, and online seminars - provide you with high-quality professional development and a knowledgeable network of CTE professionals for sharing and exchanging the latest information in CTE.
3. Advocacy and Awareness- ACTE's Public Policy Department advocates, analyzes and informs policymakers, members and the public about the impact of proposed legislation and funding decisions affecting CTE programming. See what ACTE's been up to by checking out On the Move & in the News. Get the latest legislative and policy updates via CTE Policy Watch Blog.
4. ACTE on the Move- Check out where ACTE has represented your interests over the last month in the media and via meetings, collaborations and presentations.
5. CTE News, Research and Updates- Stay informed with these electronic publications, including member-only ACTE News

and Legislative Alerts along with Career Tech Update and STEM SmartBrief.

6. Member Discounts- Receive member-only discounts to all ACTE events and on the latest CTE publications and products at ShopACTE.

7. Professional Recognition- ACTE's Excellence Awards recognizes individuals who have made extraordinary contributions to CTE programs that exemplify the highest standards, and organizations dedicated to supporting CTE programs.

8. Career Advancement- Check out the ACTE Job Bank to help you find new and exciting work or to locate the perfect candidate for your institution.

9. Member Insurance Program- ACTE provides you with a \$25,000 policy for common carrier accidental death and dismemberment insurance within the first year of annual membership through Forrest T. Jones Insurance Company. The policy increases by \$5,000 annually with continuous renewal of membership (up to a maximum of \$50,000). In addition, you have access to professional liability and other insurance options at discounted rates through ACTE's group buying program. Please note, this is available to U.S. members only.

NCACTE - HEALTH SCIENCE DIVISION

How to join...

- Go to acteonline.org
- Click Join ACTE—top tab
- Click Professional Member
- Click NC
- Complete Your Personal Profile
- Click Health Science Education Division
- See Payment
- Click Checkout

ACTE has established a new installment plan for North Carolina members to pay in 4 installments in order to join our Association divided over 4 consecutive months.



ILC 2019 UPDATE

Please complete the supplemental survey to input T-shirt sizes and requests for additional trading pins. Additional T-shirts are \$12.00 each and additional trading pins are \$2.00 each. To find the link, go to nchosa.org website. Click on the Conference link, select ILC, and scroll down until you find the NC HOSA ILC 2019 Supplemental Survey. I recommend print a copy of this survey by right clicking and printing before you submit. Include a copy in your registration, invoice, and check. As always, keep a copy for your records.

In addition to Health Care Issues Exam, students have additional testing options available at ILC. The eleven (11) basic tests provided by National Geographic Learning, a part of Cengage include Anatomy and Physiology, Medical Math, General Chemistry, Organic Chemistry, Biochemistry, Biology, Microbiology, Physics College, Human Heredity, Allied Health Statistics and Bioengineering. Students and alumni can choose to take any two of the tests above.

The ILC Awards ceremony schedule has changed slightly. Please review the conference agenda on the hosa.org website.



International Executive
Council 2018-2019

“Prior planning prevents poor performances.” -Ms. Hess

ILC REMINDERS

1. Registration for NC is due by **May 10, 2019** to allow time for state validation.
2. Notify NC HOSA if your top 1-3 winner is not attending so we may provide others with the opportunity.
3. Sign up for Remind - it is the only way we can communicate at ILC.
4. Registration fee is \$140/person. \$90 for International and \$50 for NC HOSA (covers t-shirt, 10 trading pins, drawstring bag, light-up item, and another fun item).
5. **Mail registration fees, medical release, and consent forms to NC HOSA, PO BOX 659, Sylva, NC 28779.**
6. Advisors are expected to help with events at ILC. If you have not signed up to help, please email to let us know where you will help.
7. Please check with competitors to ensure they have uploaded required documents if their event requires an upload to Tallo.



June 19-22, 2019
Disney Coronado Springs Resort
Orlando, Florida





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Subscribe today!!
The NC HOSA Email
Blast is here to keep
you informed!!

amazonsmile

Support NC HOSA by shopping
at AmazonSmile!

remind

NC HOSA's
NC HOSA ILC 2019
NC HOSA
@ncilc19

MARK YOUR CALENDAR

ILC Registration	5/10/19
ILC Registration Closes and Tallo Uploads	5/15/19
State Officers attend CTSO training	5/17-19/19
ILC	6/18-23/19
CTE Summer Conference	7/15-18/19
Board of Directors Meeting	7/15/19
Competitive Events Team Meeting	7/16/19
Washington Leadership Academy	9/21-23/19
Chapter Jump Start Registration	9/27/19
Chapter Jump Start	TBA
RLC Registration	10/18/19
RLC South Brunswick High School	11/16/19
RLC Online Testing	10/28/19-11/1/19

SOUTHEAST PALC OFFICERS 2018-2019

Chair mhines@bcswan.net	Michelle Hines	South Brunswick High School
Secretary sgerald@bcswan.net	Sheila Gerald-Evans	West Brunswick High School
Education/Professional Dev Sheila.king@nhcs.net	Sheila King	New Hanover High School
Public Awareness leslie.dick@onslow.k12.nc.us	Leslie Dick	Swansboro High School
ACTE-HSE NC Rep cpayton@lenoir.k12.nc.us	Crystal Payton-Demry	Kinston High School
Southeast Board Rep lynn.hardison@nchosa.org	Lynn Hardison	Pamlico County High School

APPLY by December 1, 2019 to become the next

NC HOSA Southeast Region Board Representative Candidate

Go to nchosa.org website, click on Advisors link, scroll down to Section A: NC HOSA
BOD Application, Click, Complete, and Submit

2020-2022 Elections will take held during the 2020 SLC in Charlotte, NC

HOSTING SOUTHEAST EVENTS

2019	Chapter Jump Start	Greene Central High School	TBA
2019	Regional Leadership Conf	South Brunswick High School	11/16/19
2020	Chapter Jump Start	Topsail High School	
2020	Regional Leadership Conf	Swansboro High School	
2021	Chapter Jump Start	VACANT	
2021	Regional Leadership Conf	Pamlico County High School	
2022	SEEKING VOLUNTEERS		

“Be the Difference in order to Create the Difference”

HOSA POST-COLLEGIATE/ALUMNI

Graduating Seniors are eligible to join HOSA’s Alumni Division!

Seniors in the Class of 2019 who are HOSA members are eligible to sign up for FREE lifetime membership in HOSA’s prestigious Alumni Division. Sign up at hosa.org/alumni.

Alumni Gold Star Recognition

Chapters that recruit and register 100% of their seniors into the alumni division receive the special Alumni Gold Chapter Certificate! Chapters can download their certificate at hosa.org/certificates.



HOSA MISSION

The mission of HOSA is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.

HOSA PURPOSE

The purpose of HOSA-Future Health Professionals is to develop leadership and technical HOSA skill competencies through a program of motivation, awareness and recognition, which is an integral part of the Health Science Education instructional program.

HOSA CORE VALUES

We value learning. We are committed to learning and becoming respected, knowledgeable and skilled health professionals. We will respect the experiences and contributions of our teachers, peers and patients and seek to learn from them.

We value leadership. We will serve as role models in our academic program, profession and community. We will be ethical, accountable and trustworthy. We will use our influence to empower others to strive for excellence.

We value service. We are dedicated to serving others with compassion. We believe that individuals are important, and we will treat everyone with respect and care.

We value innovation. We are dedicated to enriching the lives of others. We will continuously seek the knowledge and skills to address challenges and improve the health professions.

BENEFITS OF JOINING HOSA

1. Develop effective leadership qualities and skills.
2. Build self-confidence, motivation and enthusiasm.
3. Strengthen their academic and technical skills.
4. Create friendships and social networks.
5. Participate in community service activities.
6. Set realistic career and educational goals.
7. Expand communication and teamwork skills.
8. Develop workplace readiness skills.
9. Understand current healthcare issues.

HOSA CREED

The HOSA creed was revised at the 2017 HOSA Inc. Board of Directors' meeting as submitted by Committee for Distinctive Symbols and Terminology. It reads as follows:

I recognize the universal need for quality, compassionate healthcare.

I understand the importance of academic excellence, skills training, and leadership development in my career pathway.

I believe through service to my community and to the world, I will make the best use of my knowledge and talents.

I accept the responsibility of a health professional and seek to find my place on a team equally committed to the well-being of others.

Therefore, I will dedicate myself to promoting health and advancing healthcare as a student, a leader, an educator, and a member of HOSA-Future Health Professionals.

CTE SUMMER CONFERENCE: HOSA

NC HOSA Board Meeting Mon 7/15 7pm

NC CTE New Teacher Orientation Tues 7/16 9-11:30am

Health Science Education Opening Session Tues 7/16 1-3pm

HOSA Updates Tues 7/16 3:30-5pm

NC HOSA Competitive Events Team Meeting Tues 7/16 7pm

HOSA Bootcamp Wed 7/17 1-1:50pm

HOSA Q&A Wed 7/17 2-2:50pm

**NC CTE Summer Conference Closing Session & NCACTE Awards
Thur 7/18 10:30am-12:30pm**



Southeast Region

Lynn Hardison, NC HOSA Board Chair
c/o Pamlico County High School
601 Main Street
Bayboro, NC 28515

Phone: 252-745-3151 ext 555 office

Fax: 252-745-3153

E-mail: lynn.hardison@nchosa.org
lynnhardison@pamlicoschools.org

PLEASE
PLACE
STAMP
HERE

