

Hey HOSA

The NC HOSA monthly newsletter

FOURTH EDITION

HOSA REWIND

FALL LEADERSHIP CONFERENCE

Fall brings many things into all of our lives: pumpkin spice, cooler weather, bright colored leaves; but for us HOSA members, it brings district competition! In preparation for District Leadership Conference, each district held their own Fall Leadership Conference where they discussed topics of leadership related to running an effective chapter as well as holding district officer elections! Please join us in congratulating our district officers!

District Officers

District 1

Vice President- Ashley Talton
Secretary- Laneka Phelps
Treasurer- Christa Bazemore
Reporter- Jared Hobbs
Historian- Bobbie Kochlin

District 2

Vice President-Holland Woodard
Secretary-Sabrina William
Treasurer- John Golder
Reporter- Alanne Francis
Historian-Ty'Ashia Bell
Parliamentarian- Kara Westermorland

District 3

Vice President- Daniel Ma
Secretary- Olivia Sallis
Treasurer- Jonathan Saju
Reporter- Rohith Edupuganti
Historian- Devin Eltz
Parliamentarian-Deepak Keshava

District 4

Secretary- Samantha Aiken
Treasurer- Delsin Burkhart
Reporter- Elizabeth Vaughan
Historian- Glorimar Cruz
Parliamentarian- Chykle Boado

District 5

Vice President- Nereida Rodriguez
Secretary- James Brandt
Treasurer- Kim Le
Reporter- Dravin Pendegrass
Historian- Janet Ortiz
Parliamentarian- Samantha Fiscal

District 6

Vice President- Rishi Narayan
Secretary- Nishitha Karumuri
Treasurer- Anushka Deshmukh
Reporter- Skylar Cole
Historian- Sanjana Pothugunta
Parliamentarian- Eyram Bossiade

District 7

Secretary- Rachel Shepard
Treasurer- Cassandra Sparks
Reporter- Meredith Marion
Historian- Carlos Hernandez
Parliamentarian- Bailey Johnson

District 8

Vice President- Gracie Sprinkle
Secretary- Mattie Maney
Treasurer- Shay Barker
Reporter- Reece Adams
Historian- Jason Burleson
Parliamentarian- Ian Smith



The newly elected District 3 (Left) and District 4 (Below) Officers!



Biomedical Engineering is the application of engineering practices to medicine and biology for the purpose of innovating/creating new technologies and processes. The median pay for a biomedical engineer is **\$85,620** per year, and the typical entry education level is a Bachelor's degree. In the next ten years, the projected percent change in job occupation is expected to increase by **23 percent**, which is much faster than average. This growth is phenomenal because biomedical engineers can work in a variety of settings. Biomedical engineers design equipment and devices like artificial internal organs and prosthesis, work with scientists and doctors to research, install and maintain biomedical equipment, and present research to scientists, industry officials, and the public. Biomedical Engineering also encompasses different speciality areas within the field, such as Bioinstrumentation, Biomaterials, Biomechanics, Clinical engineering, Rehabilitation engineering, and Systems Physiology. For someone who wants to be an engineer, but still wants to make a

difference in the medical community, this job would be perfect for you!

Competitive Events

Medical Innovations

Clinical Specialty



REQUEST AN OFFICER!

Is your chapter looking for new meeting ideas?

Have a state officer come and talk to you! We are more than happy to run programs, speak at meetings, or help prepare for competitions! Just email your officer to set up a date and activity!

HOSA MENTORING PROGRAM

You, as a high school or postsecondary collegiate HOSA chapter, can mentor and "raise" a middle school HOSA chapter by allowing it to lay the foundation for a HOSA chapter at that middle school. If you know any middle schools in your area or would think that HOSA would make a great fit for that middle school, contact your district's state officer (Contacts on last page). They would be happy to reach out to the middle school and help initiate a mentoring program between both of your HOSA chapters! By offering middle school students an opportunity to build their leadership and technical skills through HOSA, you are advancing the career and technical preparedness of students starting at an earlier stage, so we urge you to look out for and mentor a middle school by helping start a HOSA chapter at a local middle school and encourage them to take advantage of the many opportunities HOSA has to offer.

JOB SEEKING SKILLS

HOSA focuses majorly on health professional competitive events, but some competitive events also focus on helpful life skills. Job Seeking Skills is a competitive event, starting at the district level, that requires students to make résumé and a cover letter. These two vital documents help students prepare for applying for a job now, or in their future profession. Along with completing a résumé and a cover letter, competitors are required to fill out a job application during the event, and then complete a five-minute interview. Competitors are then graded on their résumé, cover letter, job application, and interview. After making top five in the event at districts, competitors are then challenged at the State Leadership Conference. Placing in top 3 in SLC will grant the competitor an opportunity to travel to the International Leadership Conference.



NAMI, the National Alliance on Mental Health, is HOSA's International, as well as North Carolina's State Service Project. An

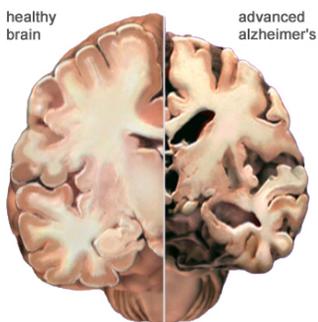
ALZHEIMER'S

MONTHLY AWARENESS ARTICLE

example of a common form of mental illness is Alzheimer's disease. About 15% of people 71 or older currently experience symptoms of Alzheimer's and other forms of dementia. Alzheimer's disease, also known as senile dementia, is a

progressive disease that destroys memory and other important mental functions. Cognitive symptoms that patients may experience include (but are not limited to) mental decline, delusion, disorientation, and forgetfulness. Common behavioral issues in patients include aggression, anger, mood swings, difficulty with self care, repetition, personality changes, lack of restraint, and wandering. A patient may also experience loss of appetite, restlessness, inability to combine muscle movements, and jumbled speech. This condition

is treatable, with certain types of medications (such as cognition enhancers) and self-care methods (such as physical exercise). Also, certain specialists, such as occupational therapists, geriatricians, neurologists, psychiatrists, and primary care providers can aid in the management of this condition.



5,400,000

The number of Americans currently living with Alzheimer's disease.

**\$236
Billion**

The estimated cost of caring for Alzheimer's patients in the United States in 2016.

6

The ranking of Alzheimer's among the leading causes of death in the United States.

1 in 9

The number of Americans over 65 who have Alzheimer's.

OFFICER SPOTLIGHT

Samantha Gephart | District Four



School: Terry Sanford High School

Favorite Subject: Anatomy and Math

Career Goals: Biomedical Engineer

Competitive Event: Emergency Medical Technician

Hobbies/Interests: Art, Swimming, Public Speaking, Spending time with family.

Reason for Joining HOSA: I had a strong passion for healthcare and as a freshman at a new school I was looking for an accepting community unique to HOSA that cared enough to make a difference. As a freshman, I saw the passion and love my peers had for the healthcare field, and my passion for it grew stronger than ever before.

Fun Fact: I have been to every state, except for Alaska!

November 18th

District 4 Leadership Conference
District 2 Leadership Conference
District 5 Leadership Conference
District 6 Leadership Conference
District 7 Leadership Conference

February 2nd

SLC Registration Deadline

February 18th

SLC Hotel Registration Form Due

March 21st

State Leadership Conference (21-24)

June 27th

ILC (27-30)

For a full calendar, please visit nchosa.org

MEET YOUR COUNCIL

The 2017-2018 NC HOSA State Executive Council



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STAY TUNED!

The next edition of *Hey HOSA* will be released on 12/13/2017. Be sure to check back at www.nchosa.org for more NC HOSA news, articles, and fun!

Got questions? Contact us at nchosa@gmail.com

