

# Hey HOSA

The NC HOSA monthly newsletter

## CTE SUMMER CONFERENCE

### HOSA REWIND

HOSA-Future Health Professionals starts with the empowerment of teachers in health science education classrooms. At the 2019 Career and Technical Education Conference, many health science teachers had the opportunity to attend a variety of different sessions and interactive workshops in order to further their teaching knowledge and methods in the classroom. Teachers had the chance to interact with other teachers, guest speakers, and the 2019-2020 HOSA executive council to learn more activities and fun projects to implement into their classrooms!

As always, Summer Conference was organized by an amazing group of people who brought in so many wonderful speakers, presenters, and opportunities to the Career and Technical Educating Community of North Carolina. To start off the week, curriculum updates were provided by your NC DPI Health Science Education and Nurse Aide consultants, Ashley Orr and Barbara Burt at the Health Science Opening Session. Important dates and details for all things HSE next school year were announced. Teachers had their focus's re-energized and were able to prepare for the upcoming school year as they heard inspirational messages from veteran Health Science teachers and HOSA Advisors in the Tales from a T.O.Y. discussion panel as they celebrated making moments matter in the health science classroom.



Your NC HOSA State President, Anna Feng, and other NC CTSO State Officers speaking at the 2019 CTE Summer Conference Closing Session!

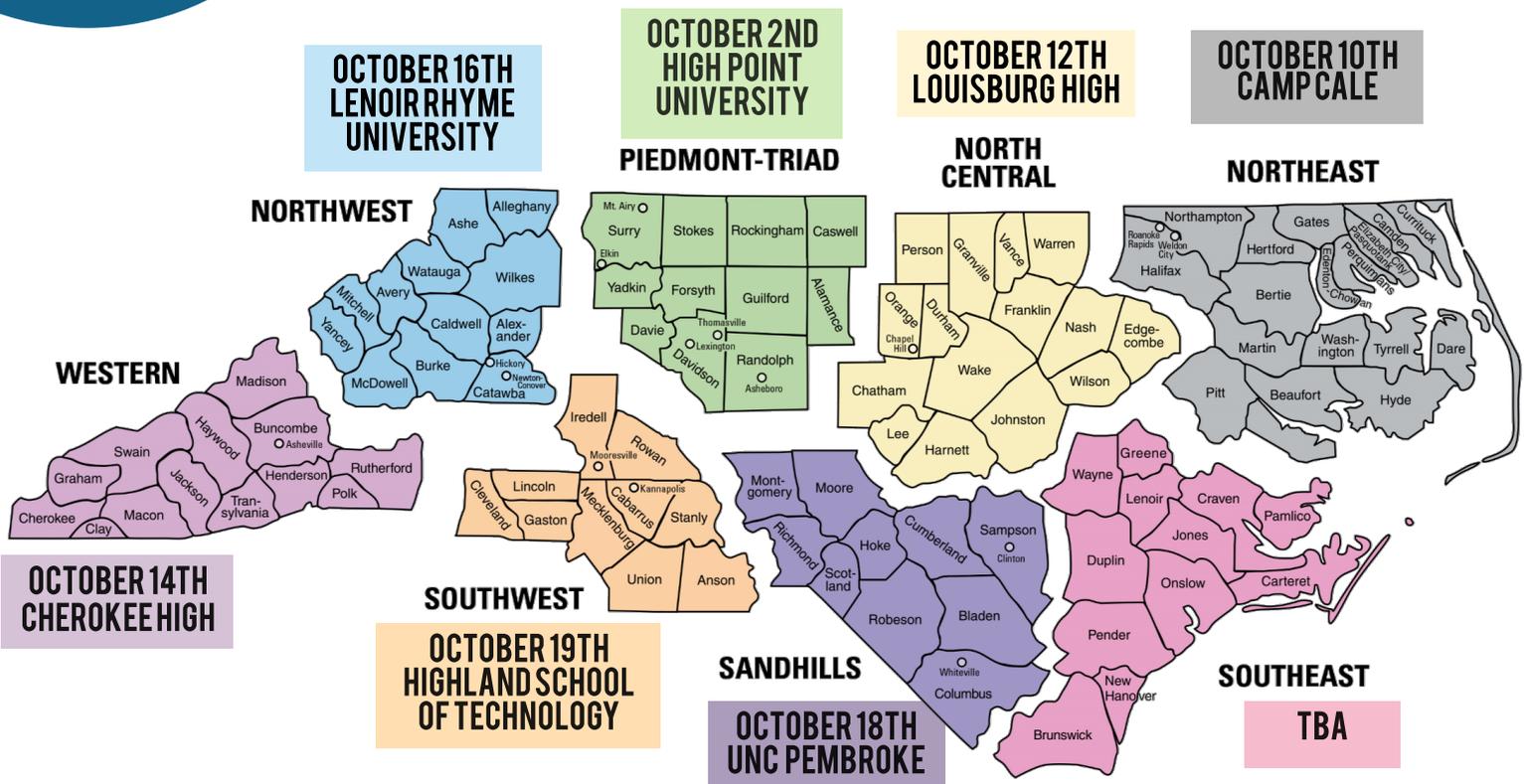


HOSA middle school member Abby Epperson learning how to **Stop the Bleed** at an interactive Summer Conference session!

The next few days consisted of a variety of workshops incorporating techniques, technology, and hands-on activities. All teachers, staff, CTE officers, and contributors to the conference seemed to have taken away useful knowledge for the 2019-2020 school year. The 2019 CTE Summer Conference was a success!

# CHAPTER JUMPSTART

Chapter Jumpstart provides students within HOSA-Future Health Professionals with the opportunity to build key leadership skills needed for officer positions within the organization. Chapters are invited to bring their 2019-2020 Chapter Officers to Chapter Jumpstart to participate in fun leadership building activities and to elect the 2019-2020 Regional Officers! Please make sure your chapter attends this fun team-building event. Do not forget to submit your regional pin designs for trading at this years State Leadership Conference! Find your region below to see the date and location of your Chapter Jumpstart:



## REGIONAL PIN TRADING CONTEST

NC HOSA is excited to announce that we are launching pin trading at the 2020 State Leadership Conference! This year, each of our 8 regions will have their own pin to trade with others across the state. For a chance to create your region's pin, visit [nchosa.org](http://nchosa.org) and submit a pin design by **September 15th!**



CLICK HERE FOR MORE INFORMATION!

# CAREER HIGHLIGHT

## COMBAT MEDIC



### What is a combat medic?

A combat medic is responsible for providing emergency medical treatment on the battlefield. They also train soldiers in First response tactics, lifesaver courses, and make sure soldiers have plenty of medical supplies.

### What skills/training do combat medics undergo?

Job training includes 10 weeks of Basic combat training and 16 weeks of Advanced individual training. Some skills they learn are patient care techniques and Advanced medical care. Skills many combat medics have include enjoyment of taking care of others and ability to communicate effectively and work under harsh conditions.

### COMPETITIVE EVENTS

Competitive events related to this career center around the emergency medical treatment medics provide to soldiers in combat. You can find more about these and other competitive events at [hosa.org/guidelines](https://hosa.org/guidelines).

**Clinical Specialty  
CPR/First Aid**



# PICKING YOUR COMPETITIVE EVENT

Students, Regional Competition is right around the corner! That means it is time to pick an event that is right for you. All information on event rules can be found at [hosa.org/guidelines](https://hosa.org/guidelines). However, some events may require competition at the Regional level, while some are State/International level only. Information on competitive events and their specific requirements can be found on our updated competitive events posters:

**hosa** NORTH CAROLINA  
**COMPETITIVE EVENTS**  
(SECONDARY/POSTSECONDARY)

**New for 2019 – 2020:**  
Elective Regional Testing: For events indicated, the written test will be offered at RLC to provide more options/exposure to event material for competitors. Students are NOT required to place in these events to compete at the state level.

Health Science Events	Regional Requirement	Elective Regional Testing	State	International	Requires Tallo
Behavioral Health	No	Yes	Yes	Yes	No
Cultural Diversities & Disabilities	No	Yes	Yes	Yes	No
Dental Terminology	No	Yes	Yes	Yes	No
Human Growth & Development	Yes	No	Yes	Yes	No
Medical Law & Ethics	No	Yes	Yes	Yes	No
Medical Math	Yes	No	Yes	Yes	No
Medical Reading	No	No	Yes	Yes	No
Medical Speaking	No	Yes	Yes	Yes	No
Medical Terminology	Yes	No	Yes	Yes	No
Nutrition	Yes	No	Yes	Yes	No
Pathophysiology	No	Yes	Yes	Yes	No
Pharmacology	No	Yes	Yes	Yes	No

**hosa** NORTH CAROLINA  
**MIDDLE SCHOOL EVENTS**

**NOTE:** Middle school competitors are NOT required to place at the regional level in order to compete at the state level! However, students are strongly encouraged to compete at the regional level for exposure to competitive events prior to State Leadership Conference.

Event	Regionals	State	International	Requires Tallo
Health Career Exploration	Yes	Yes	Yes	No
Foundations of Medical Terminology	Yes	Yes	Yes	No
Health for Health Careers	No	Yes	Yes	No
Medical Reading	No	Yes	Yes	No
Nutrition	Yes	Yes	Yes	No
Life-Threatening Situations	Yes	Yes	Yes	No
Public Health	No	Yes	Yes	Yes
Health Career Preparation	Yes	Yes	Yes	No
Healthy Lifestyle	Yes	Yes	Yes	Yes
Prepared Speaking	Yes	Yes	Yes	No
Speaking Skills*	Yes	Yes	Yes	Yes
Entrepreneurial Health Probe	Yes	Yes	Yes	No
Dynamic Decisions	Yes	Yes	Yes	No
Exploring Medical Innovation	No	Yes	Yes	Yes
Health Career Clarity	No	Yes	Yes	Yes
Health Education	No	Yes	Yes	Yes

\* Student must be classified under the provision of the 2009 reauthorized Individuals with Disabilities Education Act (IDEA) to participate.

**USEFUL LINKS**  
[COMPETITIVE EVENT GUIDELINES](#)  
[Tallo & COMPETITIVE EVENT INSTRUCTIONS](#)  
[OTHER USEFUL TOOLS](#)

If your event is requires competition at the Regional level, be sure to talk to your chapter advisor and register for the Regional Leadership Conference by **October 18th!**



CLICK

CLICK

## COMPETITIVE EVENT SYNOPSIS

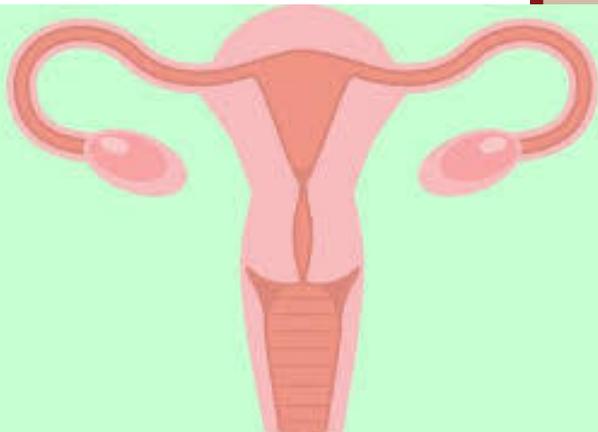
# MEDICAL INNOVATION

Have you ever seen a piece of medical equipment and thought of ways to improve it? Then, Medical Innovation is the perfect event for you! Combining two events from previous years—Existing & Original Medical Innovation—this new event requires individuals to use their creativity to create an entirely new medical innovation. These innovations should have a dramatic impact on the future of healthcare and can range from devices to virtual apps. Competitors must create a prototype and poster board about their innovation and upload a 60 second video advertising their creation to Tallo. At the competition, individuals must create a seven minute sales pitch to a panel of judges. The competitors must bring their guidelines, poster board, prototype, and a photo ID to the competition! To learn more about this event, click [here!](#)



## MONTHLY AWARENESS ARTICLE

# OVARIAN CANCER



September is **Ovarian Cancer Awareness Month!** This September, NC HOSA encourages you to get involved with your community and the nationwide effort to bring awareness to ovarian cancer. Did you know about 1 in 75 females are

diagnosed with ovarian cancer at some point in their life? Around 21,000 women are diagnosed and around 14,000 women die every year from ovarian cancer in the United States. To lower your risk of ovarian cancer participate in a healthy diet, exercise, take birth control, and more. For more information on ovarian cancer visit:

<http://ovarian.org/>



## OFFICER SPOTLIGHT

Bronson Hall | Southeast Region



**School:** Swansboro High School

**Grade:** 12th

**Favorite Subject:** History

**Career Goals:** Surgeon

**Competitive Event(s):** Medical Math

**Hobbies/Interests:** Playing baseball, swimming, and participating in any of the clubs I'm in.

**Reason for joining HOSA:** I have been in HOSA for about a year and it has been incredibly rewarding for me. I ran for my role of southeastern representative because of the great things it could teach me and help guide in my future as a healthcare professional. I hope to make change in my community and be an effective and respected leader.

**Fun Fact:** I prefer frozen yogurt over ice cream.

September 15th

Regional Officer Application Deadline  
Regional Pin Trading Contest Deadline

September 21st- 24th

Washington Leadership Academy

September 27th

Chapter Jump Start  
Registration Deadline

September 30th-

October 19th

Chapter Jumpstart



Check the NC HOSA website  
for your region's information

October 18th

Regional Leadership Conference  
Registration Deadline

February 15th

State Leadership Conference  
Registration Deadline

April 1st-4th

State Leadership Conference

## MEET YOUR COUNCIL

The 2019-2020 NC HOSA State Executive Council



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North Central Region Representative  
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## STAY TUNED!

The next edition of *Hey HOSA* will be released September 9th! Be sure to check back at [www.nchosa.org](http://www.nchosa.org) for more NC HOSA news, articles, and fun!

Got questions? Contact us at [nchosa@gmail.com](mailto:nchosa@gmail.com)



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