

# Hey HOSA

The NC HOSA monthly newsletter



## HOSA REWIND

### NEW YEAR, NEW HOSA

Welcome back and Happy New Year NC HOSA! We hope to make this year the best that it can be, and that starts with our members from the ground up. Due to COVID-19 precautions, this year's Regional Leadership Conference will be held virtually, with online testing open between January 18th-27th and an Awards Session on February 6th. In extension, this year's State Leadership Conference (SLC) will also be held virtually from April 7th to 10th, with more information to come in the coming weeks.



Even though our membership numbers took a hit during this pandemic, we encourage members to continue reaching out to neighboring students and schools, and broadcast the many amazing opportunities in store for health science students in North Carolina as well as around the world. We hope you were able to make the best of 2020 and we look forward to the opportunities that await in 2021!

Even though our membership numbers took a hit during this pandemic, we encourage members to continue reaching out to neighboring students and schools, and broadcast the many amazing opportunities in store for health science students in North Carolina as well as around the world. We hope you were able to make the best of 2020 and we look forward to the opportunities that await in 2021!

## 2020 ILC PIN TRADING & TSHIRT CONTEST

**CONTEST DEADLINE: FEBRUARY 12TH**

Are you interested in designing this year's ILC Pin or T-shirt for NC HOSA?

The 2020 ILC Pin and T-shirt contests are both open on the NC HOSA website. To enter, simply submit a design through the form link by the deadline. The winning designs will be used as inspiration for the official North Carolina International Leadership Conference pin/t-shirt at this year's International Leadership Conference.

For more information, click on "State Leadership Conference" under the Conferences tab on [nchosa.org](http://nchosa.org). We can't wait to see what you come up with!



# SCHOOL SPOTLIGHT:

## WATAUGA MIDDLE SCHOOL



This month's school spotlight is Watauga Middle School. Despite being fully remote, Watauga Middle School has found numerous ways to keep their chapter active. They've held officer elections, remote meetings, and more! They also signed up for our Adopt-A-Chapter Program and attended a virtual meeting with a state officer. Watauga Middle School is very motivated to stay active in this up and coming year and is ready for whatever obstacles that may be ahead. NC HOSA is excited to see all that they can accomplish this year!

Dentist

CAREER HIGHLIGHT



### What is a Dentist?

Dentistry is a healthcare profession which specializes in the treatment of oral health. Some responsibilities of dentists include diagnosing oral diseases, interpreting x-rays, creating treatment plans to maintain/restore oral health, monitoring development of teeth and jaws, and performing surgical procedures on teeth, bone, and soft tissues.

### How do you become a Dentist?

As a high schooler, the best steps to take include taking science based courses such as Anatomy, Biology, and Chemistry to gain foundational knowledge regarding the field.

Once you enter college, you will have to take Prerequisite courses for dental schools such as Organic Chemistry, Biology, etc... Dental school typically takes four years to complete after your undergraduate. To get into dental school you will have to take the Dental Admission Test (DAT), and upon admission you will have to take the National Board exams to receive licensure. Be ready to hit the books!

### Competitive Events:

As a dentist, you will know many aspects of the science spectrum. Competitive Events that are solely focused on dentistry include *Dental Terminology* and *Dental Science*. You can find more about these and other competitive events at [hosa.org/guidelines](https://hosa.org/guidelines)





# OFFICER SPOTLIGHT

Shalyn Barker | Western Region



**School:** Cherokee High School

**Grade:** 12th

**Favorite Subject:** Math

**Career Goals:** Pediatric Oncologist

**Competitive Event(s):** CPR, Health Career Photography, and Prepared Speaking

**Hobbies/Interests:** Softball, volleyball, golf, and spending time with family and friends

**Reason for joining HOSA:** Shalyn joined HOSA her freshman year after being approached by her advisor after hearing how she wanted to be an oncologist. Soon after, Shalyn along with her friends all joined HOSA and it became an integral part of her life!

**Fun Fact:** Shalyn once caught a dolphin and a bird on the same fishing trip!

January 15th

Tallo/Formstack Deadline

January 18th-27th

RLC Online Testing

February 6th

RLC Awards

February 12th

State Officer and Scholarship Application Deadline

SLC Registration Deadline



# MEET YOUR COUNCIL

The 2020-2021 NC HOSA State Executive Council



Nihar Thakkar

President  
North Central Region Representative  
Nihar.Thakkar@nchosa.org



Shiva Gadireddy

Vice President  
Southwest Region Representative  
Shiva.Gadireddy@nchosa.org



Erin Greene

Northeast Region Representative  
Erin.Greene@nchosa.org



Jamison Sheaffer

Southeast Region Representative  
Jamison.Sheaffer@nchosa.org



Romae Smith

Sandhills Region Representative  
Romae.Smith@nchosa.org



Darius Walker

Piedmont-Triad Region Representative  
Darius.Walker@nchosa.org



Brianna Martin

Northwest Region Representative  
Brianna.Martin@nchosa.org



Shalyn Barker

Western Region Representative  
Shalyn.Barker@nchosa.org



Kathryn Sears

Postsecondary/Collegiate Vice President  
Kathryn.Sears@nchosa.org

# FOLLOW OUR SOCIALS!

Be sure to check out North Carolina HOSA's social media accounts for updates and new information!

We will be posting weekly and want to keep you informed, you don't want to miss this!



@NCHOSA @NC\_HOSA @NCHOSA NCHOSA.ORG @NCHOSA