

MAY 2019

# Hey HOSA

The NC HOSA monthly newsletter

## HOSA REWIND

### 43RD ANNUAL NC HOSA STATE LEADERSHIP CONFERENCE



On March 6-9, 2019, nearly 3,000 students from all over North Carolina gathered in Charlotte for the 43rd Annual North Carolina HOSA State Leadership Conference. These few days were filled with competition, seminars, and memories that will last a lifetime. Keynote Speaker, Michael Questes, left NC HOSA members with a great message about believing in yourself and defining the purpose for which you were created. Many were recognized for their service and dedication, while some were awarded medals for excellence in their competitive events. New officers were installed and old officers said goodbye. NC HOSA SLC 43 was one to remember. We hope to see you all in Orlando soon for ILC!

**EIGHTH  
EDITION**

## 2019-2020 NC HOSA STATE EXECUTIVE COUNCIL

**MEET YOUR  
NEW  
EXECUTIVE  
COUNCIL**

President/North Central Region Representative - Anna Feng - Enloe High School  
Vice President/Northwest Region Representative - Sarah Whittington - West Wilkes High School  
Postsecondary Collegiate President - Cole Dickerson - Gates County High School  
Northeast Region Representative - Ashby Dickerson - Gates County High School  
Southeast Region Representative - Bronson Hall - Swansboro High School  
Sandhills Region Representative - Elizabeth Vaughan - Terry Sanford High School  
Piedmont-Triad Region Representative - Ashton Rierson - Mount Airy High School  
Southwest Region Representative - Harshita Gudipudi - Cox Mill High School  
Western Region Representative - Kassidy Coggins - Smoky Mountain High School



**STAY UP TO DATE WITH #TEAM44 USING SOCIAL MEDIA!**

## ALUMNI SPOTLIGHT

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### How my HOSA experience impacted me:

Outside of the major benefits of learning how to organize blood drives, volunteer events, community service projects, and club meetings, HOSA gave me exposure to professionals in the medical and public healthcare fields that I wouldn't have gotten to see otherwise. I loved being surrounded by these people at conferences and club meetings, and getting exposure to this was vital in me realizing that I wanted to pursue medicine/public health in the future. My specific event at competitions, Researched Persuasive Speaking, taught me how to speak with confidence in front of professionals, outside of the classroom, and taught me how to write about things I am passionate about through research and facts instead of opinions and mere rhetoric. Overall, I can't express enough how much HOSA impacted my high school experience, but if I had to sum it up, it would be that HOSA gave me inspiration, room to build leadership skills, and exposure to fields that I am studying in college and hope to pursue after graduation. Outside of the academic and professional benefits, I met amazing people that I still love dearly! The support that I received from HOSA, academically and socially, was vital to my high school experience.

### Where I am currently:

I am currently a sophomore Morehead-Cain student at UNC Chapel Hill double-majoring in biology and anthropology with a minor in business administration from the Kenan-Flagler Undergraduate Business program. This summer I am assisting in research on vaccine policy and implementation in Copenhagen, Denmark. It was actually through HOSA that I found my intense interest for vaccines and how they relate to the well-being of all people. The topic for the HOSA Researched Persuasive Speaking complete event my sophomore year of high school was "Childhood Vaccines: Parent Choice?". Because of that experience it led me to connect with UNC alumni that are working in vaccine policy, which led me to my internship in Copenhagen this summer. All traces back to that speech.

### Post-graduation plans:

Planning on pursuing medical school, with the hopes of working in public health advocacy alongside it. Overall, when I think of how I got the Morehead-Cain, why I am not shy to try new academic interests at UNC, why I am still reaching out to professionals and leaders in medicine and public health to this day, why I am taking seminar classes in the Gillings School of Public Health on top of my major's courses, and why I am not afraid to pursue my interests in healthcare and reach out to people along the way, I think of HOSA. The program gave me so much confidence and inspiration that it is still carrying me through my undergraduate experience and my future professional goals. The support that I had from Ms. Snow in high school and even now, gives me hope that the healthcare industry is still people-focused and working to make public health in this country improve every day. Everything traces back to HOSA!

# BECOME A HOSA ALUM

Any student that is a HOSA member and graduating from high school or completing their postsecondary /collegiate program is eligible to become a HOSA Lifetime Alumni Member for FREE. Registering as a HOSA Alumni member helps you stay connected to all things HOSA as a graduate. To register as a HOSA Alumni member, [CLICK HERE!](#)

## ILC OPPORTUNITY

## NEW ILC OPPORTUNITY

New this year at ILC, students will have the ability to **compete in the Academic Testing Center**. Students can take up to 2 exams in addition to their competitive event as well as many Recognition events.

There are **11** testing areas including **Anatomy and Physiology, Medical Math, General Chemistry, Organic Chemistry, Biochemistry, Biology, Microbiology, Physics College, Human Heredity, Allied Health Statistics, and Bioengineering**.



**How to Register:** Registration takes place in the HOSA Conference Management System used to register students for ILC. If space is left, students will be able to register onsite.

**Recognition:** Top Ten HOSA members will be recognized at the Grand Awards Ceremony with 1st, 2nd, and 3rd place receiving special recognition.

For more information visit <http://ilc.hosa.org/node/1>

The U.S. Surgeon General is partnering with HOSA-Future Health Professionals at HOSA's International Leadership Conference to host a **5K**

**Run/Walk on Saturday, June 22 at 7:00 am at Disney's Coronado Springs Resort.** (This is before the Parks open.) All participants will receive a participation gift with awards for the "Top 3 Finishers!" It's **FREE** for all participants. Click on the link below for more information!

<http://www.hosa.org/node/663>

5K AT ILC

RUN WITH THE  
SURGEON  
GENERAL



## PREPARE FOR ILC

Be sure to check out the ILC information page to keep up with all the current information. **Please note the changes in the Tentative Agenda regarding the Grand Awards Ceremony.**

<http://ilc.hosa.org/node/1>

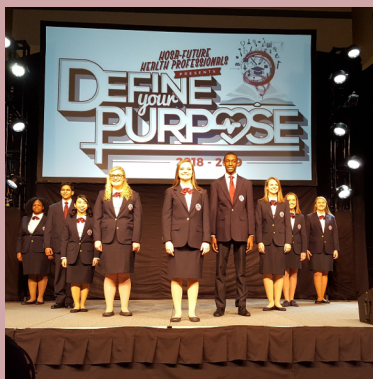




## GOODBYE TEAM 43

North Carolina HOSA, we cannot begin to tell you what a true pleasure it has been to serve such an incredible group of students. Even though we are sad our terms have come to an end, we are each so grateful to have had this opportunity - an opportunity that allowed us to meet so many amazing individuals, make an endless amount of memories, and lead a group of future world changers. NC HOSA, thank you for giving us the single greatest year of our lives. We would not be here without you. This is not "goodbye," but a simple "see you later."

**-TEAM 43**



June 19-22

HOSA International Leadership Conference

For more dates and deadlines, follow NC HOSA on social media!

To watch an SLC reflection vlog by our very own

**Kim Le, [CLICK HERE!](#)**

## ONE LAST TIME...

Your 2018-2019 NC HOSA State Executive Council



**Rachel Shepherd**

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**Aditya Shetye**

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**Kim Le**

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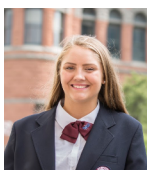
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## STAY TUNED!

The next edition of *Hey HOSA* will be released soon! Be sure to check back at [www.nchosa.org](http://www.nchosa.org) for more NC HOSA news, articles, and fun!

Got questions? Contact us!



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