

Hey HOSA

The NC HOSA monthly newsletter

HOSA REWIND

CHAPTER JUMPSTART

Throughout the month of October, chapter officers were given the opportunity to further their leadership skills at Chapter Jumpstarts that took place across the state. Students worked on communication skills, fundraising ideas, and had time to network with other officers in their regions. During the session, the newly-elected regional officers were inducted, special thanks were given, and each chapter was recognized for their participation. November will bring Regional Leadership Conferences and a chance for members to secure their spots at our State Leadership Conference in April! As we look ahead, it is important to choose an event that is a good fit for you. Ask your HOSA Advisor or chapter members for help finding an event. A full list of competitive events and descriptions can be found here. We cannot wait to see you in November!



2019-20 Piedmont-Triad Regional Officers

Across the state, Regional Officers were elected at all 8 Chapter Jumpstarts! Congratulations to our newly installed 2019-2020 Regional Officers!

THIRD
EDITION



East Surry High School HOSA members attending the Piedmont-Triad Chapter Jumpstart. Special thank you to High Point University for hosting!

WHAT'S YOUR CHAPTER DOING?

If your chapter has come up with a great idea for a meeting, fundraiser, or service activity, **let North Carolina know!** Send in pictures of your events or tell us about it. This way, chapters can have fresh and engaging ideas for their members! Email any of the state officers

or tag us in pictures on Instagram or Twitter!

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SCHOOL SPOTLIGHT:

SMOKY MOUNTAIN HIGH SCHOOL



In February, Smoky Mountain High School's HOSA chapter was introduced to an organization called **Chad's Bracket**. The founder of Chad's Bracket, Roger Leggett, had a granddaughter with a brain tumor. The organization was started when Roger and his son, Chad, saw a woman attempting to roll a child in a wagon and simultaneously wheel an IV pole behind her. As the mother approached the elevator, the IV pole almost tipped onto her child. This inspired Chad to make wagons with IV poles attached for children receiving chemo. 2 weeks after seeing the mother, Chad died as a result of heat stroke. Roger decided to name the organization after his son and continue his work. Smoky Mountain High School helped deliver these wagons to hospitals in Sylva and Charlotte in order to raise awareness for pediatric cancer.

Cytotechnologist

CAREER HIGHLIGHT



What is a Cytotechnologist?

Cytotechnologists are medical professionals who specialize in preparing and evaluating tissue samples to test and see if they contain diseases. They often use microscopes and other advanced pieces of equipment to analyze samples in order to confirm if they are hazardous. They can determine if a sample has infections, cancers, or many other forms of sickness. They are often not the first career thought of in the medical field, but one of the most important.

How do you become a Cytotechnologist?

Cytotechnologists must have a bachelor's degree from a program accredited by the National Accrediting Agency for Clinical Laboratory Sciences (NAACLS) or the Commission on Accreditation of Allied Health Education Programs (CAAHEP). In general, cytotechnology programs require at least 28 credits of science, including chemistry and biology.

Competitive Events:

Cytotechnologists will study a wide range of natural sciences, many of which are **National Geographic Academic Testing Events**. These include Anatomy, Biology, Biochemistry etc. As they will also spend the majority of their time in a lab setting, the event **Biomedical Laboratory Science** is a perfect opportunity to develop skills necessary for a laboratory career. For more information, visit hosa.org/guidelines

COMPETITIVE EVENT SYNOPSIS

MEDICAL LAW & ETHICS

Medical Law and Ethics is a knowledge test that requires competitors to learn about medical law, bioethics, and general facts about the health community. Competitors take a 100 question multiple choice test, with one essay tie-breaker question that requires critical thinking. The Legal Environment and the Healthcare Environment each make up 35 percent of the questions on the test. Bioethical Issues make up another 25 percent, and the remaining 5 percent consists of basic medical law. There are two reference books for Medical Law and Ethics, the titles of which can be found [here!](#) Competitors are required to arrive in official HOSA uniform or business attire and required to bring with them their Medical Law and Ethics guidelines and two #2 pencils.



DOWN SYNDROME

MONTHLY AWARENESS ARTICLE

October is Down Syndrome Awareness month. Occurring across the human spectrum, Down Syndrome is the most common chromosomal condition, caused by a defect on the 23rd chromosome. Each year, about 1 in 700 babies are born with Down Syndrome. The prevalence of Down syndrome increases with the mother's age. This condition is

associated with delays in physical growth, characteristic facial features and intellectual disability. However, many children born with Down Syndrome are able to live happy and successful lives. In the month of October, we recognize individuals with Down syndrome and celebrate their abilities and accomplishments. To learn more about Down Syndrome Awareness month and how you can get involved, click here!



REGIONAL LEADERSHIP CONFERENCE

Make sure you begin looking for an event that is perfect for you -- **Regional Competition** is right around the corner! In the month of November, each of our 8 regions will hold their annual Regional Leadership Conferences across the state. For more information, all competitive events guidelines/event rules can be found at hosa.org/guidelines.

As they say, "*Practice makes perfect.*" Begin studying or practicing as soon as you can, so you'll be able to bring home some gold!

OFFICER SPOTLIGHT

Ehi Audu | Sandhills Region



School: Jack Britt High School

Grade: 12th

Favorite Subject: Calculus

Career Goals: Anesthesiologist

Competitive Event(s): Health Career Display, Medical Innovations (Existing), CPR/First Aid

Hobbies/Interests: Playing piano & violin, swimming

Reason for joining HOSA: I joined HOSA because I wanted to be involved in the promotion of health care in my community. Through HOSA, I was introduced to anesthesiology through competitive events, and taught the importance and benefits of professional leadership.

Fun Fact: My favorite movies are *The Greatest Showman* and *Avatar*!

October 18th

Regional Leadership Conference
Registration Deadline

October 28th -
November 1st

Online Testing Week - All Regions

November 14th- 23rd
Regional Leadership Conference



Check the NC HOSA website
for your region's information

February 15th

State Leadership Conference
Registration Deadline

February 28th-29th

Scholarship Interviews
State Officer Candidate Screening

April 1st-4th

State Leadership Conference
Charlotte Convention Center

MEET YOUR COUNCIL

The 2019-2020 NC HOSA State Executive Council



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STAY TUNED!

The next edition of *Hey HOSA* will be released **November 11th**! Be sure to check back at www.nchosa.org for more NC HOSA news, articles, and fun!



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