

SEPTEMBER 2020

Hey HOSA

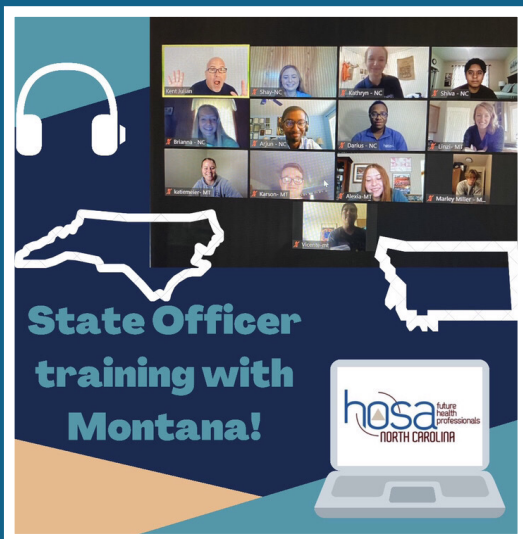
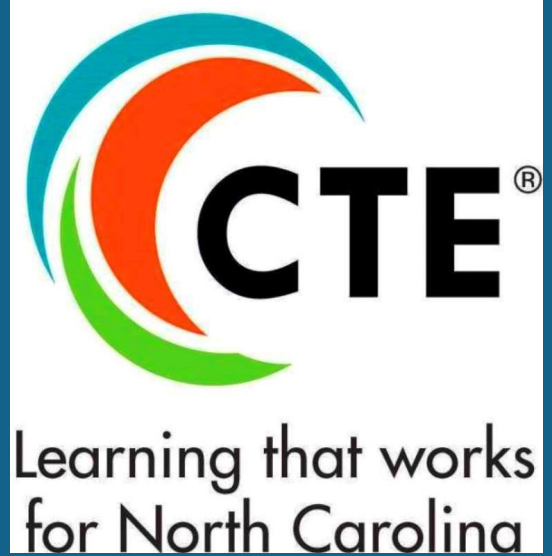
The NC HOSA monthly newsletter

SECOND
EDITION

CTE SUMMER CONFERENCE

HOSA REWIND

The North Carolina Career and Technical Education (CTE) Summer Conference this year was held from July 13-17! The virtual conference, featuring hosted presentations and webinars for educators to attend, consisted of discussions on HOSA and certification training, while also demonstrating how to utilize new technology in the classroom. Additionally, this year's Summer Conference resulted in a record turnout of health science educators across the state. Thank you to those teachers who helped host a virtual session and those who took time out of their summer to schedule and participate!



Over the past month, your Executive Council has been getting the knowledge and training necessary to successfully lead North Carolina HOSA! They participated in a joint-training with Montana HOSA, learning the fundamental skills (Communication, teamwork, public speaking) necessary of any good leader. The Middle School Promo video was filmed and released, so If you haven't already, check out the NC HOSA Social Media pages to view it! As the school year begins, we encourage each of you to start seeking new chapter members, participate in community service, and consider competitive events to participate in at your upcoming Regional Leadership Conference! North Carolina HOSA is here to serve you and we can't wait to see how YOU *Unlock Your Potential!*



COMPETITIVE EVENT SYNOPSIS

DENTAL SCIENCE

Dental Science is a Health Professions Event that is offered at the state and international level. The event is split into a testing and skills scenario rounds. The testing round consists of a 50 item multiple choice test with a maximum time limit of 60 minutes. Qualifying scores move competitors to the skills scenario, in which a written prompt tests individuals on one or more of the key skills for Dental Science. Skills that may be tested include: preparing the Dental treatment room and anesthetic syringe, preparing an alginate impression, or even treating a contaminated tray in a sterilization center. Test and skills scores are then combined to determine the top 10 placements. This is a great event for anyone interested in the field of Dentistry and offers competitors a closer look at what dentists experience on a day-to-day basis. For more information regarding the event, please click [here!](#)



LEUKEMIA

MONTHLY AWARENESS ARTICLE

September marks the start of National Leukemia Awareness Month! Did you know that approximately every 8-9 minutes an individual is diagnosed with Leukemia? Leukemia is a form of cancer that affects the body's blood cells and tissues, including the bone marrow and lymphatic system. Occurring when blood cells

undergo DNA mutations that result in an increase and overcrowding of white blood cells in the body, Leukemia is generally categorized by whether it grows rapidly (acute) or slowly (chronic). Treatment, generally a form of chemotherapy, is highly variable on whether the disease is acute or chronic and is the most common form of cancer among teens. To lower your risk for leukemia, follow a healthy diet and avoid smoking and long-term contact with chemicals such as benzene. For more information on Leukemia, visit lls.org



OFFICER SPOTLIGHT

Jamison Sheaffer | Southeast Region



School: Pamlico County High School

Grade: 12th

Favorite Subject: Health Science

Career Goals: Athletic Trainer/Physical Therapist

Competitive Event(s): Sports Medicine/CPR/First Aid

Hobbies/Interests: Dance, sports management, and hanging out with family

Reason for joining HOSA: After touring her high school and listening to the many experiences and opportunities HOSA can provide, Jamison knew she wanted to join HOSA. Since then, her HOSA journey has helped define her career pathway and create chances to build leadership and experience growth. Jamison can't imagine life without it!

Fun Fact: Jamison's favorite game is Scrabble

September 19th- 22nd

Washington Leadership Academy

January 4th

State Officer and Scholarship
Application Opens

February 12th

State Officer and Scholarship
Application Deadline

March 26th

Competitive Event Uploads Due

April 7th-10th

State Leadership Conference

MEET YOUR COUNCIL

The 2020-2021 NC HOSA State Executive Council



Nihar Thakkar

President
North Central Region Representative
Nihar.Thakkar@nchosa.org



Shiva Gadireddy

Vice President
Southwest Region Representative
Shiva.Gadireddy@nchosa.org



Erin Greene

Northeast Region Representative
Erin.Greene@nchosa.org



Jamison Sheaffer

Southeast Region Representative
Jamison.Sheaffer@nchosa.org



Romae Smith

Sandhills Region Representative
Romae.Smith@nchosa.org



Darius Walker

Piedmont-Triad Region Representative
Darius.Walker@nchosa.org



Brianna Martin

Northwest Region Representative
Brianna.Martin@nchosa.org



Shalyn Barker

Western Region Representative
Shalyn.Barker@nchosa.org



Kathryn Sears

Postsecondary/Collegiate Vice President
Kathryn.Sears@nchosa.org

FOLLOW OUR SOCIALS!

Be sure to check out North Carolina HOSA's social media accounts for updates and new information! We will be posting weekly and want to keep you informed, you don't want to miss this!



@NCHOSA @NC_HOSA @NCHOSA NCHOSA.ORG @NCHOSA