SECOND EDITION HOLD HOLD HOLD HOLD THE NC HOSA monthly newsletter

HOSA REWIND future plans

We are ecstatic to kick off this HOSA year and sincerely wish all of you the best, as your school year begins! Throughout this summer, your state officer team met to begin planning and preparing for events this upcoming school year.

The team has begun finalizing their plans for each Regional Leadership Conference, and they are beyond excited to be back in-person networking with their peers!



Your officers are equally excited to represent North Carolina HOSA in Washington, D.C. this September to attend the annual Washington Leadership Academy. The team is excited to discover ways to improve skills in leadership, communication, and networking.

Be sure to stay informed with all NC HOSA

information via our social media and our website. North Carolina HOSA cannot wait to see you soon at a Regional Leadership Conference in your area!

STATE OFFICER TAKEOVERS

This September, each of your state officers shared snippets from their day over Instagram Story (@nchosa)





Hi Nc Hosa, it's Samantha Kamineni- your presidentelect for today's state officer



This morning my friend Sonika and I got crumbl cookies and went on a walk



TODAY I WILL BE TAKING YOU THROUGH A DAY IN MY LIFE AT NC STATE



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SEPTEMBER 2022

REGIONAL LEADERSHIP CONFERENCE UPDATES!

As the Fall season approaches, members of North Carolina HOSA begin to prepare and study for their events at this year's Regional Leadership Conference (RLC) series—it's just around the corner! The dates and locations for this year's RLC can be found on the website **here**, or alternatively, below:

Northeast: Monday, November 7, 2022 at Eastern AHEC, Greenville, NC

Southeast: Saturday, November 19th, 2022 at Topsail High School, Hampstead, NC

North Central: Friday, November 4th, 2022 at Enloe High School, Raleigh, NC

Sandhills: Saturday, November 5th, 2022 at St. Andrews University, Laurinburg, NC

Piedmont-Triad: Saturday, November 5th, 2022 at Carver High School, Winston-Salem, NC

Southwest: Saturday, November 19th, 2022 at Johnson and Wales University, Charlotte, NC

Northwest: Saturday, November 5th, 2022 at Watauga High School, Boone, NC

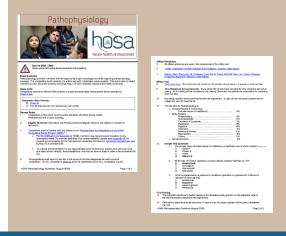
Western: Friday, November 18, 2022 at Southwestern Community College, Sylva, NC

COMPETITION PREPARATION

As you prepare for your competitive event, remember to consult your competitive event guidelines, found <u>here</u>!

The competitive guidelines resource outlines the rubric by which you will be evaluated, and all of the materials you'll need to prepare adequately for your competition. Be sure to begin preparing well in advance for a better chance to place well!

If you have any questions regarding preparing for your competition, please do not hesitate to reach out to any of your state officers via the contact information at the end of this newsletter.





Calling all NC HOSA leaders! Want to help prepare and lead your NC HOSA regional conference? Applications for Regional Officer positions are due <u>September 30th, 2022</u>! Apply via the website, under the "Regional Leadership Conference" tab within the "Conferences" section. Or, click **here** !

CAREER SPOTLIGHT

What is a Dental Technician?

Dental Technicians are responsible for the construction, fit, and maintenance of dental devices. These devices include things such as dentures or dental prosthetics. Dental technicians take molds of a patient's mouth and then use these molds to create the prosthetics. They often use wax, metal, plaster, and porcelain to make the devices. You can find dental technicians working in small dental offices that make a variety of dental devices or in large companies that specialize in a specific type of prosthetic.

How do you become a dental technician?



To become a dental technician you must obtain a Dental Technician degree through a certification or Associate degree program

HOSA's Medical Terminology event is a great event to start with. The Dental Terminology and Dental Science events are also a great way to begin learning more about the field of Dentistry and gain hands-on experience.



BLOOD CANCER AWARENESS MONTH



NC HOSA recognizes this September as blood cancer awareness month, in accordance with the Leukemia and Lymphoma Society. More than 1.3 million Americans have been diagnosed with blood cancer in some form—some are currently in remission, while others still suffer from its condition. Blood cancer is the third leading cause of cancer deaths in the U.S., including leukemia, lymphoma, and

myeloma. Healthcare providers and researchers are essential in confronting this modern medical dilemma—breakthroughs in immunotherapy, genomics, and personalized medicine are all critical in confronting blood cancer diagnoses from a wide array of angles. There is still much progress to be made in this arena of health science, and through NC HOSA, students can show their support for blood cancer awareness month through chapter awareness meetings and fundraising initiatives, while considering a future career in health science research!

STATE OFFICER SPOTLIGHT

NAYEON LEAH KIM VICE PRESIDENT



School: Marvin Ridge High School

Grade: 12

Favorite Subject: Psychology

Career Goals: Psychiatrist

Competitive Event(s): Clinical Specialty, Behavioral Health

Hobbies/Interests: Taking eating trips, watching and reading thrillers, playing tennis, and having midnight music-listening sessions

Reason for joining HOSA: At first, I joined my local chapter just to try out new things as a freshman in high school. However, I slowly fell in love with the diversity that HOSA exhibits, especially how it demonstrates the numerous aspects of our lives that the healthcare field encompasses. Over the years, HOSA has provided me with countless opportunities to explore my passion in mental healthcare and expand my professional potential as well as meet new friends along the journey. Moving forward, I am more than excited to be a part of this HOSA family through serving my fellow members as their vice president!

Fun fact: I can perfectly parallel park but have never parked straight into a normal parking space (currently working on it)!

COMPETITIVE EVENTS SYNOPSIS

Are you interested in working in pharmaceuticals or becoming a pharmacist? If so, the pharmacology competitive event is right for you! This event provides you with the basic knowledge you need in order to eventually pursue a career in pharmacology.

This highly competitive event consists of one round, unlike some other events. This singular round involves a written test with a tie-breaker essay question. The test consists of 100 multiple choice questions and competitors are given a maximum of 90 minutes to complete the test. This event allows students to become excited about learning how different drugs work in the body, proper administration, and adaptation for different patients and conditions.

For more information about the pharmacology competitive event, <u>click here!</u>

MEET YOUR STATE OFFICERS

The 2022-2023 NC HOSA State Executive Council



Nicholas Ballard

President Nicholas.Ballard@nchosa.org



Samantha Kamineni President-Elect

North Central/ Sandhills Region Representative Samantha.Kamineni@nchosa.org



Erin Greene Post-Secondary/ Collegiate Vice President Erin.Greene@nchosa.org



Leah Kim

Vice President Piedmont-Triad/Southwest Region Representative Leah.Kim@nchosa.org



Lexi Denning

Northeast/Southeast Region Representative Lexi.Denning@nchosa.org









@NCHOSA

FOLLOW OUR SOCIALS! Be sure to check out North Carolina HOSA's soci

Be sure to check out North Carolina HOSA's social media accounts!We will be posting weekly and want to keep you informed, you don't want to miss this!



Sept 1 Regional Officer Applications Open

Sept 24th-27th Washington Leadership Academy

Sept 30 Regional Officer Applications due

Oct 24th-28th

Regional Leadership Conference Online Testing Week

Feb 18th State Leadership Conference Registration Deadline

Apr 12th-15th State Leadership Conference

