

2023 Middle School Regional Leadership Conference Competitive Events

**Subject to change based on guidelines released around 9/1/23*

Health Science Events	Event Details	Advance to SLC?	Notes
Foundations of Medical Terminology	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023
Foundations of Nutrition	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023
Health Career Exploration	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023
Math for Health Careers	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023

Emergency Preparedness Events	Event Details	Advance to SLC?	Notes
Life Threatening Situations	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023

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Leadership Events	Event Details	Advance to SLC?	Notes
Extemporaneous Health Poster	Event onsite at RLC	Participation at RLC not required for participation at SLC	Students will have 2 hours to complete their posters for RLC only .
Health Career Preparation	Event onsite at RLC	Participation at RLC not required for participation at SLC	No digital uploads for RLC; print and bring all required items
Healthy Living	Test only	Participation at RLC not required for participation at SLC	Tests will be taken online in the HOSA system during testing week Oct 16-20, 2023
Prepared Speaking	Event onsite at RLC	Participation at RLC not required for participation at SLC	
Speaking Skills #	Event onsite at RLC	Participation at RLC not required for participation at SLC	Students must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education ACT (IDEA) to participate. Must complete the Eligibility Form on the NC HOSA website & submit to link by 10/2

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Teamwork Events	Event Details	Advance to SLC?	Notes
Dynamic Decisions - 2-6 competitors/team	Round 1 test (online) AND Round 2 (onsite) at RLC	Participation at RLC not required for participation at SLC	Round 1 test will be taken online in the HOSA system during testing week Oct 16-20, 2023; Round 2 skills will be performed in person at RLC; The list of those advancing to round 2 will be posted on the RLC page of the NC HOSA website by October 25, 2023.
Exploring Medical Innovation - 2-4 competitors/team	Event onsite at RLC	Participation at RLC not required for participation at SLC	No digital uploads for RLC; print and/or bring all required items;
Health Career Display - 2 competitors/team	Event onsite at RLC	Participation at RLC not required for participation at SLC	No digital uploads for RLC; print and/or bring all required items;