



Hey HOSA! April

SEE YOU AT SLC!

Hey HOSA!

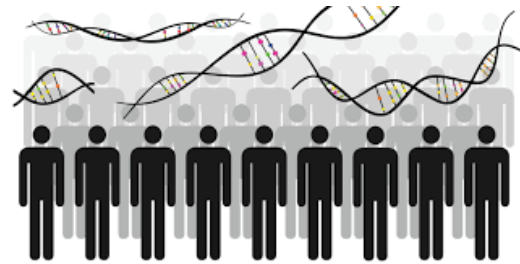
Our 48th State Leadership Conference will be occurring in just a few days! April 3rd marks the start of our SLC and we can not wait! It will be an unforgettable experience: your chance to shine, network with fellow future health professionals, develop your leadership skills, and discover exciting opportunities within the healthcare field! Not only will you dare to create success in your competitive events, but also create wonderful connections and bounty of fun. We encourage everyone to download the Goosechase and Guidebook app. Also be sure to follow our instagram @nchosa if you have not already! See you all in Greensboro for an amazing SLC!



Competitive Event Synopsis

The Human Heredity event in NC HOSA competitions is designed to test students' knowledge on the principles of genetics and heredity. Participants are evaluated on their understanding of human genetics, including the structure and function of genes, inheritance patterns, and the role of DNA in heredity and genetic diseases. The competition involves a written test where students answer questions that may include pedigrees analysis, genetic disorders, biotechnology, and the molecular basis of heredity.

This event challenges students to apply their academic knowledge to real-world scenarios and encourages them to explore the complexities of human genetics, which is essential for careers in healthcare and science.



SLC Preparation

This SLC will be one for the books! With the onset of new SLC entertainment in the form of goosechase, an exciting keynote speaker, and fun leadership sessions, our upcoming SLC will be both engaging and informative. Looking back, our state officers have also had an incredible year, with the newly revived fall leadership conferences, many chapter visits, and finally the January retreat, our state officers feel ready to lead the annual NC HOSA State Leadership Conference! They cannot wait to see you all in Greensboro!



NATIONAL NUTRITION MONTH



April is National Minority Health Month. Many individuals within minorities, especially American Indian and Alaska Native communities deal with bones, joints, muscles, and skin diseases or conditions. This month, it is critical to learn about these conditions, alongside providing resources for community members.

It is important to be aware of the health care disparities affecting minorities so you can better assist and educate racial and ethnic minorities. Feel free to check out a fireside chat sometime this month and learn more about this historic month!

For more info, check out this link:

<https://www.nimhd.nih.gov/programs/edu-training/nmhm/>.

CAREER HIGHLIGHT: GENETIC COUNSELING PROFESSIONALS

Genetic counselors bridge the gap between science and patient care. They hold master's degrees in genetic counseling and work alongside physicians to assess an individual or family's risk for inherited conditions. This involves analyzing family medical history, interpreting complex genetic tests, and clearly explaining the potential implications to patients. Genetic counselors also provide emotional support and guide patients through often difficult decisions about future healthcare planning and family building.



STATE OFFICERS



Samantha Kamineni
President
Enloe Magnet High School



Abby Epperson
President-Elect
Piedmont-Triad and Southwest Region Representative
Mount Airy High School



Mansi Goyal
Post-Secondary Collegiate Vice-President
University of North Carolina at Chapel Hill



Anya Trivedi
Vice-President
North Central and Sandhills Region Representative
Wake Early College High School



Paytyn Barker
Secretary
Western and Northwest Region Representative
Cherokee High School

FAREWELL FROM TEAM 48!

Dear NC HOSA Members,

This year for your state officer team has been filled with happy memories and inspiring moments. We have been so grateful to serve you over this past year. We hope that all of you continue to give HOSA your all as it has been so rewarding for us. While every HOSA member has different lives and interests, we are all connected through being the future of healthcare. Our world needs us more than ever and we must work hard to reach our goals for not just ourselves, but also for others. While each of us on Team 48 have different career goals, each of us have such a love for HOSA which has allowed us to be closer than most teams. We hope that several of you decide to run for state office as it is one of the most fulfilling roles anyone can have. Good luck to each of you and remember always to "Dare to Create!"

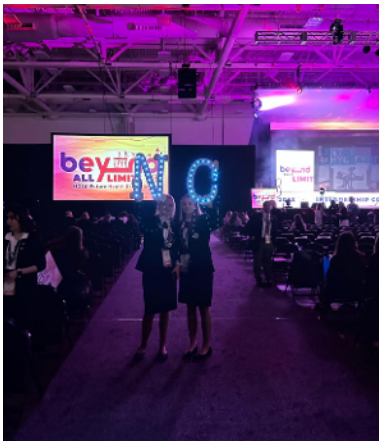
Sincerely,

Team 48



GOOSECHASE

As we prepare for SLC we are so excited to introduce our entertainment for this year! It is unlike anything we have tried before and will serve as a conference-long, interactive, and immersive experience for all members for NC HOSA. This year we will be using “Goosechase” as our form of entertainment. Goosechase is an app that students can sign into and complete a series of tasks and challenges. Students will create a team of 4 people and will complete tasks together! There will be different general categories; such as location based, NC HOSA based, event based, symposium based, EXPO based, and random tasks! Based on the task, the student will be asked to go to a location or find a NC HOSA member or just do something silly, take a picture and submit it to the Goosechase app. Each task will have varying points and there will be hundreds of challenges, so do not worry if you are unable to complete all of them! At the awards ceremony, the most interesting pictures will be compiled into a video showcasing all of our members up on the big screen! The top three teams will receive a special prize and, of course, bragging rights. We are very excited about using Goosechase as our entertainment this year, and we hope you all are excited as well!



CALENDAR

State Officer Candidate Interviews & Testing: April 3rd at SLC State Leadership Conference: April 3– 6, 2024

International Leadership Conference Intent Form: April 22, 2024

International Leadership Conference Registration Deadline: May 8, 2024

International Leadership Conference: June 26– 29, 2024

SOCIAL MEDIA

INSTAGRAM: @NCHOSA

FACEBOOK: @NCHOSA

FOR MORE INFORMATION VISIT THE NORTH
CAROLINA HOSA WEBSITE AT
NCHOSA.ORG !

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