



# Hey HOSA! March

## SLC IS HERE!!

Hey HOSA members! As March marches in, we're not only welcoming the spring vibes but also gearing up for the excitement of the state conference, happening April 3rd through the 6th! This month's newsletter is your go-to guide for all things conference-related, along with our regular roundup of inspiring stories and helpful tips. Whether you're a seasoned pro or a first-timer, we've got the inside scoop to help you make the most of the event. So sit back, sip on something springy, and let's get into the spirit of growth and learning that March brings!



# Competitive Event Synopsis

The Respiratory Therapy Event is perfect if you are considering working in a direct care setting, treating patients with respiratory problems. It is a two-round competition that tests students' knowledge and skills in respiratory therapy. In the first round, students research a topic, interview a therapist, and present their findings to judges. In the second round, they perform a clinical skill, such as administering oxygen or measuring vital signs.



If you are interested in learning more about this event, view the event guidelines here:

<https://hosa.org/wp-content/uploads/2024/02/23-24-RT-Feb6.pdf>

## SLC Preparation

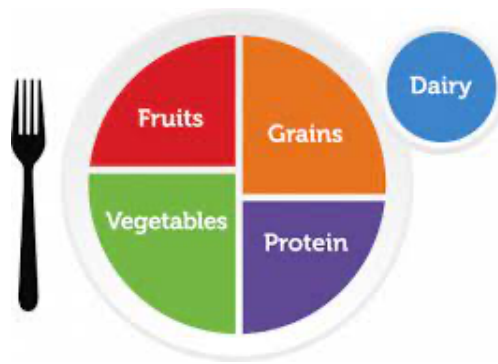
North Carolina HOSA, we hope you are as excited as we are for the 48th annual State Leadership Conference! Taking place at the Koury Convention Center in Greensboro, the conference will feature a multitude of competitive events for future health professionals to brush up on their medical skills and knowledge. The conference will also be home to the Education Symposium, hosting many different kinds of presentations and activities related to the healthcare field. Between competing, networking with current healthcare professionals, and electing your next state officer team, we wish everyone attending SLC the best of luck and encourage you to take full advantage of our offerings!



## NATIONAL NUTRITION MONTH

March is National Nutrition Month, and the old saying "you are what you eat" rings true! This year's "Beyond the Table" theme encourages us to consider how our food choices impact not only our personal health, but also our communities and the environment. With this month, let us consider where our food comes from, how to make sustainable choices, and learn to understand food labels. Celebrate National Nutrition Month by trying new healthy recipes, visiting a local farmer's market, or volunteering at a food bank. Healthy nutrition is a journey and a balanced diet is one way to ensure we get all the nutrients our body needs!

For more information, check out the FDA's recognition of this month here: [national-nutrition-month](https://www.fda.gov/nutrition/nutrition-month)

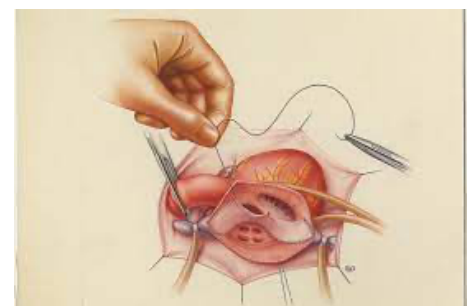


## CAREER HIGHLIGHT: MEDICAL ILLUSTRATOR

A medical illustrator is a professional who combines a detailed knowledge of human or animal anatomy with artistic talent to create visual representations of medical or biological subjects. These visuals are crucial for educational materials, medical textbooks, research publications, and patient care communication. They work closely with scientists, doctors, and other healthcare professionals to translate complex information into images that can be understood by students, surgeons, or even patients.



Their work isn't just about drawing pictures; it's about visual storytelling that educates and informs. Medical illustrators must be precise and accurate, as their illustrations can be used in surgical planning or to explain complex procedures to patients. They often use advanced software to create 3D models and animations, making the invisible world of the human body visible and more easily understood. It's a career that blends art, science, and technology in fascinating ways, and their contributions are vital to the medical and scientific communities.



# STATE OFFICERS



Samantha Kamineni  
President  
Enloe Magnet High School



Abby Epperson  
President-Elect  
Piedmont-Triad and Southwest Region Representative  
Mount Airy High School



Mansi Goyal  
Post-Secondary Collegiate Vice-President  
University of North Carolina at Chapel Hill



Anya Trivedi  
Vice-President  
North Central and Sandhills Region Representative  
Wake Early College High School



Paytyn Barker  
Secretary  
Western and Northwest Region Representative  
Cherokee High School

## MEET DAQUAN!



DaQuan Williams

State Officer Coach, North Carolina HOSA-Future Health Professionals

Universities: Campbell University (Bachelors and Masters) and North Carolina State University (Currently Pursuing PhD)

Region: Southeast

Favorite Subject in School: Math or Anatomy and Physiology

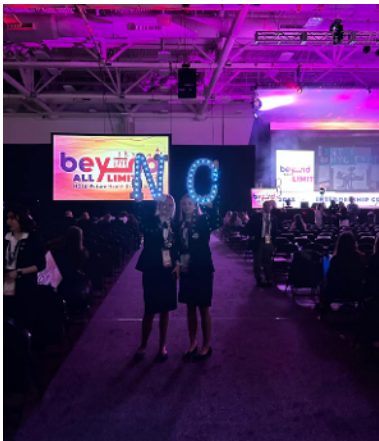
Hobbies/Interests: Youth Ministry and Singing

Reason for joining HOSA:

I joined HOSA because it gave me a chance to see the world around me. Growing up in a small town you do not get many opportunities to see different places, so HOSA gave me the moment to meet new people, gain new insights, and create long lasting friendships. Not only that, it gave me the opportunity of a lifetime which was to serve our organization. So, I stand proudly as a member of HOSA for almost 14 years.

# GOOSECHASE

As we prepare for SLC we are so excited to introduce our entertainment for this year! It is unlike anything we have tried before and will serve as a conference-long, interactive, and immersive experience for all members for NC HOSA. This year we will be using “Goosechase” as our form of entertainment. Goosechase is an app that students can sign into and complete a series of tasks and challenges. Students will create a team of 4 people and will complete tasks together! There will be different general categories; such as location based, NC HOSA based, event based, symposium based, EXPO based, and random tasks! Based on the task, the student will be asked to go to a location or find a NC HOSA member or just do something silly, take a picture and submit it to the Goosechase app. Each task will have varying points and there will be hundreds of challenges, so do not worry if you are unable to complete all of them! At the awards ceremony, the most interesting pictures will be compiled into a video showcasing all of our members up on the big screen! The top three teams will receive a special prize and, of course, bragging rights. We are very excited about using Goosechase as our entertainment this year, and we hope you all are excited as well!



# CALENDAR

Hotel Reservations Deadline: March 12, 2024

State Officer Candidate Interviews & Testing: April 3rd at SLC State Leadership Conference: April 3– 6, 2024

International Leadership Conference Intent Form: April 22, 2024

International Leadership Conference Deadline: May 8, 2024

International Leadership Conference: June 26– 29, 2024

## SOCIAL MEDIA

INSTAGRAM: @NCHOSA

FACEBOOK: @NCHOSA

FOR MORE INFORMATION VISIT THE NORTH  
CAROLINA HOSA WEBSITE AT  
NCHOSA.ORG !

## CONTACT US

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