

2024 Middle School Regional Leadership Conference Competitive Events

****Subject to change based on guidelines released around 9/1/24***
****Middle school chapters can have unlimited entries in all events
 except Health Career Display which is 3***

Health Science Events	Event Details	Notes
Foundations of Medical Terminology	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024
Foundations of Nutrition	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024
Health Career Exploration	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024
Math for Health Careers	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024

Emergency Preparedness Events	Event Details	Notes
Life Threatening Situations	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024

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Leadership Events	Event Details	Notes
Extemporaneous Health Poster	Event onsite at RLC	Students will have 2 hours to complete their posters for RLC only .
Health Career Preparation	Event onsite at RLC	
Healthy Living	Test only	Tests will be taken online in the HOSA system during testing week Oct 14-18, 2024
Prepared Speaking	Event onsite at RLC	
Speaking Skills #	Event onsite at RLC	Students must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education ACT (IDEA) to participate. Must complete the Eligibility Form on the NC HOSA website & submit to link by 10/4/24

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Teamwork Events	Event Details	Notes
Dynamic Decisions - 2-6 competitors/team	Round 1 test (online) AND Round 2 (onsite) at RLC	Round 1 test will be taken online in the HOSA system during testing week Oct 14-18, 2024; Round 2 will be performed in person at RLC
Exploring Medical Innovation - 2-4 competitors/team	Round 1 Digital Upload and Round 2 (onsite) at RLC	REQUIRED DIGITAL UPLOAD submitted through the HOSA system by October 18, 2024.
Health Career Display - 2 competitors/team	Round 1 Digital Upload and Round 2 (onsite) at RLC	REQUIRED DIGITAL UPLOAD submitted through the HOSA system by October 18, 2024.