

# 2025 Middle School Regional Leadership Conference Events and Modifications

*\*Subject to change based on guidelines released around 9/1/25*

*\*Middle school chapters may have unlimited entries in all events except Health Career Display which is only 3 entries*

*\*Students may only compete in **one** event*

Health Science Events	Event Details	Notes
<b>Foundations of Medical Terminology</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025
<b>Foundations of Medical Reading</b>	Not offered at RLC	Will be offered at SLC
<b>Foundations of Nutrition</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025
<b>Health Career Exploration</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025
<b>Math for Health Careers</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025

# Students must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA) to participate.

\*Events highlighted in pink are not offered at RLC but will be offered at SLC

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Health Professions Events	Event Details	Notes
<b>Foundations of Veterinary Science</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025

Emergency Preparedness Events	Event Details	Notes
<b>Life Threatening Situations</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025
<b>Public Health</b>	Not offered at RLC	Will be offered at SLC

Leadership Events	Event Details	Notes
<b>Extemporaneous Health Poster</b>	Event onsite at RLC	Students will have <b>2 hours</b> to complete their posters for <b>RLC only</b> .
<b>Health Career Preparation</b>	Event onsite at RLC	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by October 10, 2025; Interviews onsite at RLC

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<b>Healthy Living</b>	Test only	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025
<b>Prepared Speaking</b>	Event onsite at RLC	Event will be held onsite at RLC
<b>Speaking Skills #</b>	Event onsite at RLC	Students must have IEPs to qualify for this event. <b>Must complete the Eligibility Form in the event guidelines by 10/10/25</b>

Teamwork Events	Event Details	Notes
<b>Dynamic Decisions - 2-6 competitors/team</b>	Round 1 test (online) AND Round 2 (onsite) at RLC	Tests will be taken online in the HOSA system during testing week Oct 13-17, 2025 (teams must test at the same time); Round 2 will be performed in person at the onsite RLC
<b>Exploring Medical Innovation - 2-4 competitors/team</b>	Event onsite at RLC	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by October 10, 2025; Presentations will be held in person onsite at RLC.

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<b>Foundations of HOSA Bowl</b>	Not offered at RLC	Will be offered at SLC
<b>Health Career Display - 2 competitors/team</b> <i>(limited to 3 teams per chapter)</i>	Event onsite at RLC	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by October 10, 2025; Presentations will be held in person onsite at RLC
<b>Health Education</b>	Not offered at RLC	Will be offered at SLC

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