

# 2026 Middle School State Leadership Conference Competitive Events

*\*Middle school chapters may have 5 entries in all events except Health Career Display which is only 3 entries*

*\* All testing will occur onsite at SLC*

**\*Students may only compete in *one* competitive event**

*\*Subject to change*

Health Science Events	Event Details	Notes
<b>Foundations of Medical Terminology</b>		
<b>Foundations of Medical Reading</b>		
<b>Foundations of Nutrition</b>		
<b>Health Career Exploration</b>		
<b>Math for Health Careers</b>		

Health Professions Events	Event Details	Notes
<b>Foundations of Veterinary Science</b>		

Emergency Preparedness Events	Required Digital Upload?	Notes
<b>Life Threatening Situations</b>		
<b>Public Health</b>	YES - "Trailer" video by one team member. This event will be prejudged	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by February 6, 2026

# Students must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA) to participate.

Updated 11/2/25 JKE

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Leadership Events	Required Digital Upload?	Notes
<b>Extemporaneous Health Poster</b>		
<b>*NEW* Foundations of Healthy Living</b>		
<b>Health Career Preparation</b>	YES - Statement of Interest This event will be prejudged	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by February 6, 2026
<b>Prepared Speaking</b>		
<b>Speaking Skills #</b>	YES - Event eligibility form through link in the guidelines This event will be prejudged	Students must have IEPs to qualify for this event. <b><i>Must complete the Eligibility Form in the event guidelines by 2/6/26</i></b>

Teamwork Events	Required Digital Upload?	Notes
<b>Dynamic Decisions - 2-6 competitors/team</b>		
<b>Exploring Medical Innovation - 2-4 competitors/team</b>	YES - Exhibit plan by one team member. This event will be prejudged	<b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by February 6, 2026

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<p><b>*NEW* First Step Career Skills - 2-6 competitors/team</b></p>	<p>YES - Copyright Form and Role Playing Video</p> <p>This event will be prejudged</p>	<p><b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by February 6, 2026</p>
<p><b>Foundations of HOSA Bowl - 4 competitors/team</b></p>		
<p><b>Health Career Display - 2 competitors/team</b> <i>(limited to 3 teams per chapter)</i></p>	<p>YES - Display plan and one picture by one team member</p> <p>This event will be prejudged</p>	<p><b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by February 6, 2026</p>
<p><b>Health Education - 2-6 competitors/team</b></p>	<p>YES - Portfolio by one team member</p> <p>This event will be prejudged</p>	<p><b>REQUIRED DIGITAL UPLOAD</b> submitted through the HOSA system by 2/6/26</p>

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## 2026 Middle School State Leadership Conference Recognition Events

*(Competitors may compete in unlimited recognition events)*

Recognition Event	Event Details	Digital Upload Required?	Notes
<b>Barbara James Service Award</b>	Hours must be logged and approved in the HOSA system by 2/6/26		Hours must be approved by the advisor in the HOSA system to count  This is an individual award
<b>HOSA Happenings</b>	This event will be prejudged	YES – Communication Tool	<b><i>Digital upload required through the HOSA system per event guidelines by 2/6/26</i></b>  This is a chapter award
<b>HOSA Service Project – NMDP</b>	Hours must be logged and approved in the HOSA system by 2/6/26		Hours must be approved by the advisor in the HOSA system to count  This is a chapter award