

2026 NC HOSA SLC Competitive Event Times

Health Science Events

| Event | Test/R1 | Time | Location | Round 2 | Time | Location |
|------------------------------------|-------------|----------|--------------|-----------|---------|------------|
| Behavioral Health | Thurs, 3/26 | 11:00 AM | Imperial ABC | | | |
| Biomedical Equipment Technician | Thurs, 3/26 | 3:45 PM | Imperial ABC | | | |
| Dental Terminology | Thurs, 3/26 | 3:00 PM | Imperial ABC | | | |
| Foundations of Medical Reading | Wed, 3/25 | 1:15 PM | Imperial ABC | | | |
| Foundations of Medical Terminology | Wed, 3/25 | 1:15 PM | Imperial ABC | | | |
| Foundations of Nutrition | Wed, 3/25 | 1:15 PM | Imperial ABC | | | |
| Health Career Exploration | Wed, 3/25 | 1:15 PM | Imperial ABC | | | |
| Health Informatics | Thurs, 3/26 | 1:15 PM | Imperial ABC | | | |
| Healthcare Administration | Thurs, 3/26 | 1:30 PM | Imperial ABC | | | |
| Human Growth & Development | Thurs, 3/26 | 1:00 PM | Imperial ABC | | | |
| Math for Health Careers | Wed, 3/25 | 1:15 PM | Imperial ABC | | | |
| Medical Law & Ethics | Thurs, 3/26 | 2:30 PM | Imperial ABC | | | |
| Medical Math | Thurs, 3/26 | 3:15 PM | Imperial ABC | | | |
| Medical Reading | Thurs, 3/26 | 2:00 PM | Imperial ABC | | | |
| Medical Spelling | Wed, 3/25 | 4:00 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Victoria B |
| Medical Terminology | Thurs, 3/26 | 4:15 PM | Imperial ABC | | | |
| Nutrition | Thurs, 3/26 | 1:45 PM | Imperial ABC | | | |
| Pathophysiology | Thurs, 3/26 | 12:30 PM | Imperial ABC | | | |
| Pharmacology | Thurs, 3/26 | 4:00 PM | Imperial ABC | | | |
| World Health & Disparities | Thurs, 3/26 | 2:45 PM | Imperial ABC | | | |

Emergency Preparedness Events

| Event | Test | Time | Location | Skills | Time | Location |
|-----------------------------|-------------|----------|--------------|-------------|---------|---|
| CERT | Wed, 3/25 | 3:30 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Biltmore A & B |
| CPR/First Aid | Thurs, 3/26 | 11:15 AM | Imperial ABC | Fri, 3/27 | 1:00 PM | Birch |
| EMT | Wed, 3/25 | 4:45 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Biltmore A & B |
| Epidemiology | Thurs, 3/26 | 3:30 PM | Imperial ABC | | | |
| Life Support Skills | | | | Fri, 3/27 | 1:00 PM | Birch |
| Life Threatening Situations | Wed, 3/25 | 1:15 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Birch |
| Mental Health Promotion | | | | Thurs, 3/26 | 1:00 PM | Birch, Maple |
| Public Health | | | | Fri, 3/27 | 8:00 AM | Secondary: Pinehurst, Turnberry; MS: Heritage A |

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Leadership Events

| Event | Test | Time | Location | Presentation | Time | Location |
|------------------------------------|-----------|---------|--------------|--------------|---------|-------------------------|
| Extemporaneous Health Poster - MS | | | | Thurs, 3/26 | 1:00 PM | St. Andrews |
| Extemporaneous Writing | | | | Thurs, 3/26 | 1:00 PM | Pebble Beach |
| Health Career Photography | | | | Thurs, 3/26 | 1:00 PM | Heritage A & B, Olympia |
| Health Career Preparation | | | | Wed, 3/25 | 3:00 PM | Olympia |
| Healthy Living | Wed, 3/25 | 5:00 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Cedar A & B |
| Foundations of Healthy Living - MS | Wed, 3/25 | 1:15 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Cedar C |

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|--|-------------|----------------------|-----------|-------------|---------|--|
| Interviewing Skills | | | | Wed, 3/25 | 3:00 PM | Olympia |
| Job Seeking Skills | | | | Wed, 3/25 | 3:00 PM | Bear Creek, Marsh Harbor |
| Prepared Speaking | | | | Wed, 3/25 | 3:00 PM | Secondary: Heritage A/B, Turnberry; PS/C: McCormick |
| Prepared Speaking - MS | | | | Wed, 3/25 | 3:00 PM | Pinehurst |
| Researched Persuasive Writing & Speaking | | | | Wed, 3/25 | 3:00 PM | Edgewood, Links, Meadowbrook |
| Research Poster | Thurs, 3/26 | 1:00-1:05 PM (Setup) | Blue Ashe | Thurs, 3/26 | 1:05 PM | Blue Ashe -Setup 1:00; Round 2 appointments begin 1:05 |
| Speaking Skills | | | | Wed, 3/25 | 3:00 PM | McCormick |

Teamwork Events

| Event | Test | Time | Location | Present | Time | Location |
|--|-----------|----------------------|---------------|-------------|-------------|---|
| Biomedical Debate | Wed, 3/25 | 4:30 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Heritage B |
| Community Awareness | | | | Thurs, 3/26 | 1:00 PM | Sandpiper, Tanglewood |
| Creative Problem Solving | Wed, 3/25 | 4:15 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Augusta A & B |
| Dynamic Decisions | Wed, 3/25 | 1:15 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Augusta B |
| Exploring Medical Innovation | Fri, 3/27 | 8:00-8:15 AM (Setup) | Imperial E&F | Fri, 3/27 | 9:00 AM | Imperial E&F - Setup 8:00-8:15 AM; Round 2 appointments begin at 9:00 AM |
| First Step Career Skills | | | | Thurs, 3/26 | 1:00 PM | Cedar C |
| Forensic Science | Wed, 3/25 | 3:15 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Oak A |
| Foundations of HOSA Bowl | Wed, 3/25 | 1:15 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Blue Ashe |
| Health Career Display - Secondary/PS/C | Fri, 3/27 | 8:00-8:15 AM (Setup) | Imperial ABCD | Fri, 3/27 | By Apt Time | Imperial ABCD - Setup 8:00-8:15 AM; Round 2 appointments begin at 9:00 AM |
| Health Career Display - Middle School | Fri, 3/27 | 8:00-8:15 AM (Setup) | Imperial G&H | Fri, 3/27 | By Apt Time | Imperial G&H - Setup 8:00-8:15 AM; Round 2 appointments begin at 9:00 AM |
| Health Education | | | | Fri, 3/27 | 8:00 AM | Secondary: Oak A & B MS: Oak C |
| HOSA Bowl | Wed, 3/25 | 5:30 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Blue Ashe |
| Medical Innovation | Fri, 3/27 | 8:00-8:15 AM (Setup) | Imperial ABCD | Fri, 3/27 | 9:00 AM | Imperial ABCD - Setup 8:00-8:15 AM; Round 2 appointments begin at 9:00 AM |
| Public Service Announcement | | | | Thurs, 3/26 | 1:00 PM | Bear Creek, Marsh Harbor |

2026 NC HOSA SLC Competitive Event Times

Health Professions

| Event | Test | Time | Location | Skills | Time | Location |
|-----------------------------------|-------------|----------|--------------|-------------|---------|---------------------------|
| Biotechnology | Thurs, 3/26 | 2:15 PM | Imperial ABC | | | |
| Clinical Laboratory Science | Wed, 3/25 | 4:30 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Pebble Beach, Tanglewood |
| Clinical Nursing | Thurs, 3/26 | 11:30 AM | Imperial ABC | Fri, 3/27 | 1:00 PM | Augusta A & B |
| Clinical Specialty | | | | Thurs, 3/26 | 1:00 PM | Tidewater A & B |
| Dental Science | Thurs, 3/26 | 12:00 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | McCormick, Links |
| Family Medicine Physician | | | | Wed, 3/25 | 3:00 PM | Torrey Pines, St. Andrews |
| Foundations of Veterinary Science | Wed, 3/25 | 1:15 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Heritage A & B |
| Home Health Aide | Wed, 3/25 | 2:45 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Cedar A & B |
| Medical Assisting | Thurs, 3/26 | 12:15 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Biltmore A & B |

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|-------------------------|-------------|----------|--------------|-------------|---------|-------------------------------|
| Nursing Assisting | Wed, 3/25 | 5:15 PM | Imperial ABC | Fri, 3/27 | 8:00 AM | Old North, Cardinal, Carolina |
| Occupational Therapy | Wed, 3/25 | 2:30 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Cardinal, Old North |
| Patient Care Technician | Wed, 3/25 | 3:00 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Augusta A & B |
| Personal Care | | | | Fri, 3/27 | 8:00 AM | Carolina |
| Pharmacy Science | Wed, 3/25 | 5:00 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Sandpiper, Tanglewood |
| Phlebotomy | Wed, 3/25 | 3:45 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Blandwood, Morehead |
| Physical Therapy | Wed, 3/25 | 5:45 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Tidewater A & B |
| Respiratory Therapy | Wed, 3/25 | 3:00 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | Pinehurst, Turnberry |
| Sports Medicine | Thurs, 3/26 | 11:45 AM | Imperial ABC | Fri, 3/27 | 1:00 PM | Old North, Carolina |
| Surgical Technologist | Wed, 3/25 | 2:15 PM | Imperial ABC | Thurs, 3/26 | 1:00 PM | McCormick, Links |
| Veterinary Science | Thurs, 3/26 | 12:45 PM | Imperial ABC | Fri, 3/27 | 1:00 PM | Pinehurst, Turnberry |

Recognition

| Event | Day | Time | Location |
|-------------------------|-----------|----------------|---|
| Health Care Issues Exam | Wed, 3/25 | 1:00 PM | Imperial ABC (only time offered) |
| Anatomage Tournament | Wed, 3/25 | 3:00 PM | Guilford Pre-function Area: Online Signup - Link on SLC page of website |
| HOSA History Exam | Wed, 3/25 | 2:15 PM - 7 PM | Must start test by 6 PM. This is the only testing opportunity for the HOSA History Exam |

ATC Testing

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|-------------------|-----------|----------------|--|
| All ATC Available | Wed, 3/25 | 2:15 PM - 7 PM | Must start test by 6 PM. This is the only testing opportunity for ATC Testing. |
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General Information

| Event | Day | Time | Location |
|--|-------------|--------------------|---|
| Luggage Storage | Wed, 3/25 | 10 AM - 8 PM | Auditorium I |
| Conference Assistant/Ref Off Orientation | Wed, 3/25 | 11:00 AM | Auditorium IV |
| HOSA Store | Wed, 3/25 | 12 PM - 6 PM | Arrowhead |
| HOSA Store Kiosk | Wed, 3/25 | 7 PM - 8 PM | Next to Cafe Espresso outside of Guilford Ballroom |
| Parade of Flags Practice | Wed, 3/25 | 5:00 PM | Flagbearers need to meet at Blandwood with their chapter's flag and stand |
| Opening Session | Wed, 3/25 | 8:00 PM | Guilford Ballroom - enter through main doors by Cafe Espresso |
| IEC Applicant Interviews | Thurs, 3/26 | 7:30 AM - 10:00 AM | Bear Creek |
| Advisor Breakfast | Thurs, 3/26 | 8:00 AM | Victoria Ballroom, all advisors are invited to attend, competitive event updates and advisor awards |
| Lieutenant and Event Manager Meeting | Thurs, 3/26 | 10:00 AM | Leader/Hlth Sci:Tanglewood, Emer Prep: Sandpiper, Team: Pebble Beach, Mass Test: Imperial A, Health Prof: Tidewater B |
| HOSA Store | Thurs, 3/26 | 10 AM - 6 PM | Arrowhead |
| Business Session | Thurs, 3/26 | 10:00 AM | Guilford Ballroom |
| HOSA Store Kiosk | Thurs, 3/26 | 7 PM - 8 PM | Next to Cafe Espresso outside of Guilford Ballroom |
| Recognition Session | Thurs, 3/26 | 8:00 PM | Guilford Ballroom |
| HOSA Dance | Thurs, 3/26 | 10:00 PM | Imperial ABCD |
| Luggage Storage | Fri, 3/27 | 7 AM - 11 PM | Auditorium I |
| HOSA Store | Fri, 3/27 | 10 AM - 4 PM | Arrowhead |
| State Officer Reception (By Invitation) | Fri, 3/27 | 3:00 PM | Victoria Ballroom A |
| HOSA Store Kiosk | Fri, 3/27 | 7 PM - 8 PM | Next to Cafe Espresso outside of Guilford Ballroom |
| Grand Awards Session | Fri, 3/27 | 8:00 PM | Guilford Ballroom |
| Shuttle Bus Schedule | | | Can be found on the SLC page of nchosa.org or on the conference app |